Easy Read

Llywodraeth Cymru
Welsh Government

Iechyd Da – Good Health

About you questions



December 2026

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About this document

This is an Easy Read version of the Iechyd Da about you and your participation questions.



If you are sharing your views about our new plan called Iechyd Da, you can answer these questions too.



You do not have to answer these questions if you do not want to.



You can skip any question or tick **Prefer not to say**.



Answering these questions will help us understand:

- Who is taking part.
- If we need to do more work to hear from people who are not included.



Please email your answers together. You can send your answers to us by email or post.



Email: WalesPublicHealthStrategy@gov.wales



Print and post it to:

Consultation: WG55335
Healthy Futures Division
Public Health Directorate
Welsh Government
Cathays Park
Cardiff
CF10 3NQ

About you and taking part



Who are you sharing views for?

You can tick more than 1 answer.

- [ ] I am sharing my own views and experiences.
- [ ] I am supporting someone to share their views.
- [ ] I am sharing views from a community or group.
- [ ] I am sharing my views as part of my job.
- [ ] I am sharing the views of an organisation.
- [ ] **Prefer not to say**
- [ ] Other - please say who:



If you are sharing the views of an organisation:



What is the organisation's name?



Who do your views represent?

You can tick more than 1 answer.

- [ ] My own personal views and lived experience
- [ ] My community
- [ ] Children and young people
- [ ] Public services
- [ ] Partner organisations, including charities and groups
- [ ] Universities or research
- [ ] Businesses
- [ ] Employers or unions
- [ ] Innovation - new ideas, ways of working or services
- [ ] **Prefer not to say**
- [ ] Other groups - please say who:



Has anything made it hard for you to share your views on our new plan?

For example:



- Not having enough time
- Caring duties
- Using online forms or the internet
- Information that is hard to understand



What could make it easier for you to take part?



Please do not give personal information. Like names or medical details or any information that could tell us who you or someone else is.

About your protected characteristics



Protected characteristic is a term used to talk about different groups of people who might be treated less fairly.



Some groups of people may be treated unfairly because of things like:

- Age
- Disability
- Gender



- Being pregnant or having a baby
- Race
- Religion or belief



- Sex
- Sexual orientation
- Being married or in a civil partnership.



We want to hear from different people, from different backgrounds.



This will help us make a plan that works for everyone.



Please only share what you feel comfortable sharing.



You can skip any question or tick **Prefer not to say**.

Age



How old are you?

Care experience



When you were a child, did you ever live in any of the places listed below?

Please tick 1 answer.

- ☐ Children's home
- ☐ With foster parents
- ☐ With family members other than your parents.
- ☐ Prison or Young Offenders Institute
- ☐ **None of these places**



Disabled people

Do you have a long-term condition or impairment that affects anything like:



- Your sight or hearing
- Moving around or using your hands or fingers
- Learning new things
- Energy levels or breathing



- Being in pain or discomfort
- Feeling sensitive to things like lights, touch or heat

☐ **Prefer not to say**



In the last 12 months, have you had any problems in the areas listed below?

You can tick more than 1 answer.



☐ **Health care**

For example, being treated unfairly by staff, hard to use booking systems.



☐ **Jobs and work**

For example, being left out, workplaces that are hard to get in and around.



☐ **Education and training**

For example, people thinking I cannot do something, rooms that are hard too noisy.



Transport and travel

For example, staff not treating me with respect, seating I cannot use.



Housing

For example, people thinking I cannot live alone, long waiting lists for housing that suits my needs.



Community and social activities

For example, hard to read information about events, nowhere to park.



Public spaces

For example, bad opening hours, no disabled toilets.



Support with money and benefits

For example, people thinking I cannot look after my own money, benefits that do not cover living costs.



Voting and politics

For example, people thinking I do not understand issues, not able to vote privately in elections.



Other – please give details:



None of the above

Don't know

Prefer not to say

Asylum seekers and refugees



Please answer this question if you moved to Wales to escape danger in another country.



What is your official immigration status?

This is about your right to be here by law.

Please tick 1.



☐ European Union or EEA country citizen, with settled status.

☐ European Union or EEA country citizen, without settled status.



☐ I have a Visa

☐ I have Indefinite Leave to Remain in the UK



- [ ] I have Limited Leave to Remain in the UK
- [ ] Humanitarian Protection



- [ ] Refugee status
- [ ] Asylum Seeker status
- [ ] Other - please see what



- [ ] Don’t know
- [ ] **Prefer not to say**

Where you are from

Where were you born?

- [ ] Wales
- [ ] England
- [ ] Scotland
- [ ] Northern Ireland
- [ ] Republic of Ireland
- [ ] Somewhere else - Please say where:





What is your national identity?

This is about where you feel you belong, and your link to a country's language, history and traditions.

You can tick more than 1 answer.

- [ ] Welsh
- [ ] English
- [ ] Scottish
- [ ] Northern Irish
- [ ] British
- [ ] Other, please say what:

Ethnicity



Ethnicity is a person's race or background. For example, black, white or Asian.



What is your ethnic group?

For example:

- White and Welsh
- Mixed race – White and Black Caribbean
- Asian Indian
- Asian Chinese
- Black African
- Arab.

Religion or belief



What is your religion?

Please tick 1.

- ☐ No religion
- ☐ Christian
- ☐ Buddhist
- ☐ Hindu
- ☐ Jewish
- ☐ Muslim
- ☐ Sikh
- ☐ Other religion, please say what:

Marriage and civil partnership



Please tell us if you are married or in a civil partnership. A civil partnership is a relationship registered under the law.

Please tick 1.

- ☐ Never married or in a civil partnership
- ☐ Married
- ☐ In a civil partnership
- ☐ Separated but still married
- ☐ Separated but still in a civil partnership
- ☐ Divorced
- ☐ I was in a civil partnership which is now ended
- ☐ Widowed – my partner died.

Pregnancy and maternity



Are you pregnant now?

- ☐ Yes
- ☐ No
- ☐ I don’t know
- ☐ **Prefer not to say**

Sex and gender



What was your sex at birth?

This means the sex on your birth certificate.

- [ ] Female
- [ ] Male



What is your gender?

For example, male, female, non-binary:

- [ ] **Prefer not to say**



Sexual Orientation

This means who you are attracted to, for example men, women or both.

Are you:

☐ Straight – I fancy people of the opposite sex

☐ Gay or Lesbian – I fancy people of the same sex

☐ Bisexual – I fancy men and women

☐ Other – please say what:



What type of school did you go to when you were 11 to 16 years old?

If you changed school, please tell us about the school you spent most time in.

For example:

- A school run by the local council.
- Grammar school or faith school.
- Private school – you paid to go there.
- A school outside of the UK

☐ Not sure

☐ **Prefer not to say**



Did you get free school meals at any time when you were 11 to 16 years old?

Please tick 1.

- [ ] Yes
- [ ] No
- [ ] No because I finished school before 1980 or went to school overseas.
- [ ] I don't know
- [ ] **Prefer not to say**



When you were around 14 years old, what was the highest qualification either of your parents or guardians had?

Please tick 1.

- [ ] A university degree or higher
- [ ] A-Levels, GCSEs or O-Level, NVQs or a BTEC
- [ ] No qualifications
- [ ] Not sure
- [ ] **Prefer not to say**



Do you have a job?

- [ ] Yes - I have a job, I work for someone.
- [ ] Not now, but I used to work for someone.
- [ ] Yes - I have my own business and I hire people.
- [ ] Not now, but I used to have my own business and hire people.
- [ ] I work for myself.
- [ ] I used to work for myself.



If you work for someone or used to work for someone:

How many people work there?



If you have or used to your own business:

How many people work for you?

- [ ] 1 to 24 people
- [ ] 25 people or more



Do you or did you use to supervise other workers?

- [ ] Yes
- [ ] No



What type of job do you have, or did you used to have?



For example:

- Nurse
- Secretary
- Finance manager
- Mechanic
- Caretaker
- Shop worker
- Cleaner

Unpaid carers



An unpaid carer is someone who looks after or helps someone else and is not paid, because of:

- Long-term physical or mental health conditions
- Illnesses
- Old age



Are you an unpaid carer?

- [ ] No
- [ ] Yes, 9 hours a week or less
- [ ] Yes, 10 to 19 hours a week
- [ ] Yes, 20 to 34 hours a week
- [ ] Yes, 35 to 49 hours a week
- [ ] Yes, 50 or more hours a week

Hawdd ei Ddeall Cymru
Easy Read Wales

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