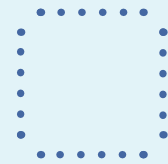


Rhestr wirio am y prynhawn:



Cadw esgidiau a chot



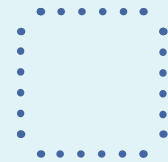
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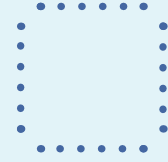
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Amser gwaith cartref



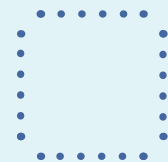
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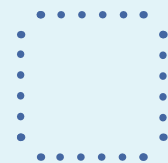
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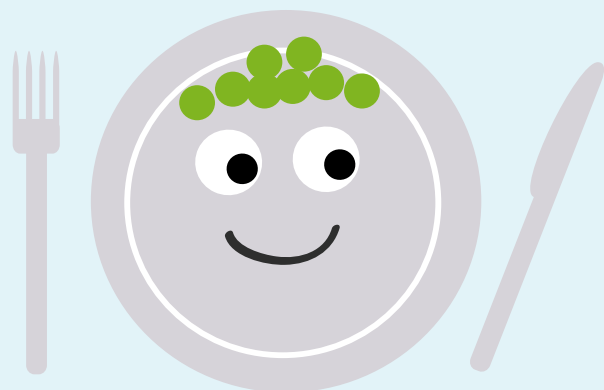
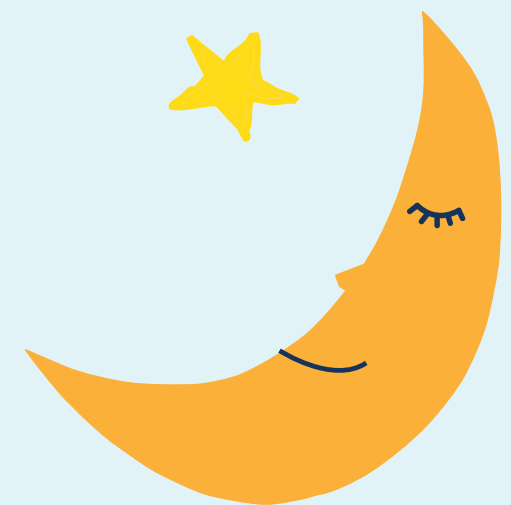
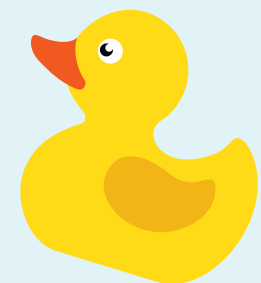
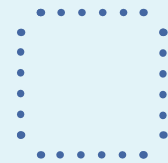
Amser bath



Darllen



Cwtsh ac amser cysgu



Magu plant.
Rhowch amser iddo.

Parenting.
Give it time.