Llywodraeth Cymru
Welsh Government

Ydych chi'n gofalu am aelod o'ch teulu neu ffrind?

Codwch eich llais oherwydd mae cyngor a chymorth i'w cael.

Mae gan ofalwyr di-dâl hawliau.

I gael rhagor o wybodaeth, ewch i **www.llyw.cymru/hawliau-gofalwyr** neu cysylltwch â'ch awdurdod lleol.

Do you care for a family member or friend?

Make yourself known because there is advice and support available.

Unpaid carers have rights.

For more information, visit **www.gov.wales/carers-rights** or contact your local authority.

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