

DRAFT – ADHD Action Plan

NB: This is based on successful recruitment of ND transformation lead post, an additional programme support post and the permanent funding of fixed term P&A post

Responsible officers

- NHS P&I SRO – <redacted s40(2)>
- Deputy SRO – <redacted s40(2)> – Assistant Director (P&A)
- QPIM – TBA (P&A)
- Policy Lead - <redacted s40(2)> (Welsh Gov)
- Transformation Lead -TBA (NHS P&I)
- National ND team lead – <redacted s40(2)> (WLGA)

Task	Action	Intended Outcome	Timescale	SRO / Lead
Understand the current waiting position for adults waiting for ADHD assessment or treatment	Formally request all LHBs in Wales to report a current position of adults waiting for ADHD assessment or treatment Provide modelling of future demand and scenarios if no action	Provide an up to date All Wales snapshot position of waiting times AHD assessment and treatment- this could include modelling of future demand	March -June 2026	Assistant Director / P&A Will require support of NHS P&I data nd analytics team

Understand current service provision and how matched against standards & task force recommendations for ADHD	Undertake a rapid deep dive across Wales	To provide detailed understanding of how services are offered regionally across Wales To evidence where there is consistency or variation in response To evidence the consistency or variation of response to private assessment and diagnosis	March -June 2026	Assistant Director / P&A Lead: QPIM Supported by Transformation lead / SPMH
Establish formal mechanisms to report on waiting times for adult ADHD	Develop reporting template Pilot reporting for 12 months Engage with DHCW to support data governance and formal reporting	Establish mechanism of reporting waiting times for adult ADHD	March2026- March 2027	Assistant Director / P&A DHCW
Increase skills and knowledge of service in assessment and treatment of ADHD	Agree core & specialists' skills that would be required Establish curriculum of skills access to training	To increase the skills and knowledge of services to support adults who present with ADHD	TBA	National ND team

Implementation of QB testing for adults	TBA	TBA	TBA	National Director
Reframe the support and management of ADHD in primary and community care	Benchmark approaches in other areas (eg surrey) Understand current barriers to achieving this	TBA	TBA	National Director