

Expression of Interest: Adult ADHD QbTest Pilot

As part of ongoing work to improve the timeliness, consistency and quality of adult ADHD assessment pathways in Wales, we are exploring the opportunity to undertake a pilot of QbTest within a Health Board setting.

QbTest is a computer-based assessment tool that provides objective measures of attention, impulsivity and activity levels. The proposed pilot would test its use as a decision-support tool within a comprehensive clinical assessment, rather than as a standalone diagnostic tool. The pilot would run to end March 2027.

Outline of the Proposed Pilot

Scope

- Adults (18+) referred to ADHD services who are waiting for an assessment.

Model

- QbTest undertaken early in the assessment pathway, between screening and full diagnostic assessment.
- Results used alongside clinical history, collateral information, rating scales and clinical interview.
- QbTest to support, but not determine, diagnostic decisions.

Operational Requirements

- Establishment of 1 testing hubs.
- Test administration by a trained practitioner familiar with the use of the Qb test in children.
- Clinical interpretation undertaken by qualified ADHD clinicians.
- Integration of results into existing clinical systems where possible.

Pilot Duration

- Six months.
- Indicative cohort size of approximately 150 patients.
- Maximum funding available: £70,000

Evaluation The pilot would adopt a Test and Learn approach and assess:

- Impact on waiting times and patient flow.
- Clinician productivity and service throughput.
- Diagnostic confidence and consistency.
- Patient experience and satisfaction.

- Equity of access.
- Cost implications compared with existing pathways.

Governance

- Health Board clinical lead identified.
- Appropriate data governance and oversight arrangements.
- Regular review points throughout the pilot.

Expression of Interest

If you are interested, please provide the following:

1. Clinical lead contact details.
2. Current adult ADHD service model.
3. Approximate adult ADHD waiting list size.
4. Ability to identify a testing location and workforce resource.
5. Any existing experience of using QbTest or similar digital assessment tools.
6. Initial view on opportunities and challenges of participating in the pilot.

Please submit expressions of interest by **12th October 2026** to **neurodiversity@gov.wales**

Following receipt of expressions of interest, further discussions will be held to agree the pilot site, implementation arrangements and evaluation framework.

Thank you for your consideration.

Kind regards,

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