

From: <redacted s40(2)> (HSS - Primary Care & Mental Health)

Sent: 22 September 2023 10:15

To: <redacted s40(2)> (NHS Executive)

Subject: RE: adult ADHD C&V

Cheers <redacted s40(2)>.

Am having a chat with Scottish and NI colleagues to get a sense from them too.

<redacted s40(2)>

Senior Medical Officer for Primary Care, Mental Health, Substance Misuse & Vulnerable Groups Division/Uwch Swyddog Meddygol Grwpia Iechyd Meddwl, Camddefnydd Sylweddau, Anableddau Dysgu ac Agored i Niwed

Primary Care and Mental Health Group / Grwp Gofal Sylfaenol ac Iechyd Meddwl

Welsh Government/ Llywodraeth Cymru

From: <redacted s40(2)> (NHS Executive)

Sent: Friday, September 22, 2023 10:13 AM

To: <redacted s40(2)> (HSS - Primary Care & Mental Health)

Subject: adult ADHD C&V

Hi <redacted s40(2)>

Here's a statement had from <redacted s40(2)> a few weeks ago – indicates the demand of adults presenting with ADHD to CMHTs

1. ADHD referral rates impact severely on CMHT psychiatrists. Referrals for ADHD make up between 30 to 60% currently. Outpatient clinics report strain as one consultant described 5 out of 6 new cases being privately diagnosed service users requiring ongoing prescribing. The confounding factor here (as in the Panorama documentary) is that his analysis found that he disagreed with over 50% of the privately diagnosed referrals diagnosis. In this, he is not an outlier.

<redacted s40(2)>

**Cyfarwyddwr Cynorthwyol -
Iechyd Meddwl ac
Anableddau Dysgu**

**Perfformiad a Sicrwydd
Gweithrediaeth GIG Cymru**

Ffôn: <redacted s40(2)>
Ebost: <redacted s40(2)>

**Assistant Director -
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