

Cardiau dangos
Arolwg Cenedlaethol Cymru
2017-18
National Survey for Wales
showcards

Arolwg Cenedlaethol Cymru

National Survey for Wales

Cerdyn Craidd / Core showcards

Cerdyn B

- 1 Cytuno'n gryf
- 2 Tueddu i gytuno
- 3 Ddim yn cytuno nac yn anghytuno
- 4 Tueddu i anghytuno
- 5 Anghytuno'n gryf

Showcard B

- 1 Strongly agree
- 2 Tend to agree
- 3 Neither agree nor disagree
- 4 Tend to disagree
- 5 Strongly disagree

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Cerdyn 1

- 1 Cymro/Cymraes**
- 2 Sais/Saesnes**
- 3 Albanwr/Albanes**
- 4 Gwyddel/Gwyddeles o Ogledd Iwerddon**
- 5 Prydeiniwr/Prydeinwraig**
- 6 Arall (disgrifiwch)**

Showcard 1

- 1 Welsh**
- 2 English**
- 3 Scottish**
- 4 Northern Irish**
- 5 British**
- 6 Other (please specify)**

Cerdyn 2

Gwyn

- 1 Cymreig / Seisnig / Albanaidd / Gwyddelig Gogledd Iwerddon / Prydeinig
- 2 Gwyddelig
- 3 Sipsi neu Deithiwr Gwyddelig
- 4 Unrhyw gefndir Gwyn arall, disgrifiwch

Cymysg / grwpiau aml-ethnig

- 5 Gwyn a Du Caribïaidd
- 6 Gwyn a Du Affricanaidd
- 7 Gwyn ac Asiaidd
- 8 Unrhyw gefndir Cymysg / Aml-ethnig arall, disgrifiwch

Asiaidd / Asiaidd Prydeinig

- 9 Indiaidd
- 10 Pacistanaidd
- 11 Bangladeshaidd
- 12 Tsieineaidd
- 13 Unrhyw gefndir Asiaidd arall, disgrifiwch

Du / Affricanaidd / Caribïaidd / Du Prydeinig

- 14 Affricanaidd
- 15 Caribïaidd
- 16 Unrhyw gefndir Du / Affricanaidd / Caribïaidd arall, disgrifiwch

Grŵp ethnig arall

- 17 Arabaidd
- 18 Unrhyw grŵp ethnig arall, disgrifiwch

Showcard 2

White

- 1 Welsh / English / Scottish / Northern Irish / British
- 2 Irish
- 3 Gypsy or Irish Traveller
- 4 Any other White background, please describe

Mixed / Multiple ethnic groups

- 5 White and Black Caribbean
- 6 White and Black African
- 7 White and Asian
- 8 Any other Mixed / Multiple ethnic background, please describe

Asian / Asian British

- 9 Indian
- 10 Pakistani
- 11 Bangladeshi
- 12 Chinese
- 13 Any other Asian background, please describe

Black / African / Caribbean / Black British

- 14 African
- 15 Caribbean
- 16 Any other Black / African / Caribbean background, please describe

Other ethnic group

- 17 Arab
- 18 Any other ethnic group, please describe

Cerdyn 3

- 1 Myfyriwr llawn amser (gan gynnwys ar wyliau)**
- 2 Mewn unrhyw gyflogaeth neu hunangyflogaeth (neu i ffwrdd dros dro)**
- 3 Ar gynllun hyfforddi a noddir gan lywodraeth**
- 4 Yn gwneud gwaith heb dâl i fusnes sy'n eiddo i chi neu berthynas**
- 5 Yn aros i ddechrau gwaith cyflogedig sydd wedi'i sicrhau**
- 6 Yn ddi-waith ac yn chwilio am waith**
- 7 Yn bwriadu chwilio am waith ond yn methu oherwydd salwch neu anaf dros dro (28 diwrnod neu lai)**
- 8 Yn methu gweithio oherwydd salwch neu anabledd hirdymor**
- 9 Wedi ymddeol**
- 10 Yn cadw tŷ neu'n gofalu am y teulu**
- 11 Yn gwneud rhywbeth arall**

Showcard 3

- 1 Full-time student (including on holiday)**
- 2 In any paid employment or self-employment (or away temporarily)**
- 3 On a government sponsored training scheme**
- 4 Doing unpaid work for a business that you or a relative owns**
- 5 Waiting to take up paid work already obtained**
- 6 Unemployed and looking for work**
- 7 Intending to look for work but prevented by temporary sickness or injury (28 days or less)**
- 8 Unable to work because of long-term sickness or disability**
- 9 Retired**
- 10 Looking after home or family**
- 11 Doing something else**

Cerdyn 4

- 1 Gradd uwch/cymhwyster ôl-raddedig (ee MSc, PhD)**
- 2 Gradd gyntaf (ee BA, BSc, B. Ed.) neu gyfatebol**
- 3 HNC / HND / BTEC Uwch, neu gyfatebol**
- 4 Safon Uwch / Uwch Gyfrannol neu gyfatebol**
- 5 Prentisiaeth crefft**
- 6 Lefel O/TGAU graddau A-C neu gyfatebol**
- 7 Lefel O / TGAU graddau D-G neu gyfatebol**
- 8 Cymwysterau tramor**
- 9 Cymwysterau eraill**
- 10 Dim Cymwysterau**

Showcard 4

- 1 Postgraduate degree (e.g. MSc, PhD)**
- 2 First degree (e.g. BA, BSc, B. Ed.) or equivalent**
- 3 HNC / HND / BTEC Higher, or equivalent**
- 4 A / AS levels or equivalent**
- 5 Trade Apprenticeships**
- 6 O Level / GCSE grades A-C or equivalent**
- 7 O Level / GCSE grades D-G or equivalent**
- 8 Foreign qualifications**
- 9 Other qualifications**
- 10 No qualifications**

Cerdyn 5

- 1 Rwy'n siarad Cymraeg yn rhugl**
- 2 Rwy'n gallu siarad rhywfaint o Gymraeg**
- 3 Rwy'n gallu siarad ychydig o Gymraeg yn unig**
- 4 Rwy'n gallu dweud ychydig eiriau yn unig**

Showcard 5

- 1 I'm fluent in Welsh**
- 2 I can speak a fair amount of Welsh**
- 3 I can only speak a little Welsh**
- 4 I can say just a few words**

Cerdyn 6

Showcard 6

**Ddim yn gallu
ymddiried
yn unrhyw un**

**Ymddiried
yn y rhan
fwyaf o bobl**

0 1 2 3 4 5 6 7 8 9 10

**Do not trust
any other
person**

**Most people
can be
trusted**

6

Cerdyn 7

Showcard 7

Ddim yn fodlon o gwbl

Yn hollol fodlon

0 1 2 3 4 5 6 7 8 9 10

Not at all satisfied

Completely satisfied

7

Cerdyn 8

- 1 Band Eang Cyflym iawn**
- 2 Band eang ond ddim yn fand eang cyflym iawn / ddim yn siŵr os yw'n fand eang cyflym iawn**
- 3 Band eang symudol 4G**
- 4 Band eang symudol 3G**
- 5 Cysylltiad lloeren**
- 6 Arall**

Showcard 8

- 1 Superfast broadband**
- 2 Broadband but not superfast / not sure if superfast**
- 3 4G mobile broadband**
- 4 3G mobile broadband**
- 5 Satellite**
- 6 Other**

Cerdyn 9

- 1 Llecyn (hotspot) WiFi rhad ac am ddim**
- 2 Llecyn (hotspot) WiFi am dâl**
- 3 4G**
- 4 3G**
- 5 Cyfrifiadur mewn llyfrgell / caffi rhyngrwyd**
- 6 Arall**
- 7 Dydw i ddim yn gwneud hyn**

Showcard 9

- 1 Free WiFi hotspot**
- 2 Paid for WiFi hotspot**
- 3 4G**
- 4 3G**
- 5 PC in a library / internet cafe**
- 6 Other**
- 7 I don't do this**

Cerdyn 10

- 1 Sawl gwaith y dydd**
- 2 Dyddiol**
- 3 Wythnosol**
- 4 Llai aml nag wythnosol**

Showcard 10

- 1 Several times a day**
- 2 Daily**
- 3 Weekly**
- 4 Less than weekly**

10

Cerdyn 11

- 1 Defnyddio chwilotwr (e.e. Google)**
- 2 Lawrlwytho neu arbed llun y daethoch o hyd iddo ar-lein**
- 3 Anfon neges drwy e-bost neu negeseua gwib**
- 4 Prynu nwyddau neu wasanaethau ar-lein**
- 5 Gosod apiau ar ffôn clyfar neu lechen**
- 6 Defnyddio gwasanaethau cymorth ar-lein (e.e. gwasanaeth sgwrsio, fforwm trafod ar y rhyngrwyd)**
- 7 Gwyllo clip 'sut i wneud' ar-lein (e.e. ar YouTube)**
- 8 Cwblhau ffurflenni cais ar-lein a oedd yn gofyn am fanylion personol (e.e. cyfeiriad, dyddiad geni)**
- 9 Defnyddio gwasanaethau bancio ar-lein**
- 10 Sgwrsio ar fideo (e.e. Skype neu FaceTime)**
- 11 Dim un o'r rhain**

Showcard 11

- 1 Used a search engine (e.g. Google)**
- 2 Downloaded or saved a photograph you found online**
- 3 Sent a message via email or instant messaging**
- 4 Bought goods or services online**
- 5 Installed apps on a smartphone or tablet**
- 6 Used online help services (e.g. chat service, internet forum)**
- 7 Watched an online 'how to' clip (e.g. on YouTube)**
- 8 Completed online application forms which asked for personal details (e.g. address, date of birth)**
- 9 Used online banking**
- 10 Used video chat (e.g. Skype or FaceTime)**
- 11 None of these**



Cerdyn 12

- 1 Gwefan Llywodraeth Cymru**
- 2 Gwefan Galw Iechyd Cymru**
- 3 Gwefan meddyg teulu**
- 4 Gwefan awdurdod lleol / y cyngor**
- 5 Gwefan ysgol / coleg**
- 6 Arall (nodwch)**
- 7 Dim un o'r rhain**

Showcard 12

- 1 Welsh Government website**
- 2 NHS Direct Wales website**
- 3 GP surgery's website**
- 4 Local authority / council website**
- 5 School / college website**
- 6 Other (please specify)**
- 7 None of these**

12

Cerdyn 13

- 1 Gwefan Llywodraeth Cymru**
- 2 Gwefan Galw Iechyd Cymru**
- 3 Gwefan meddyg teulu**
- 4 Gwefan awdurdod lleol / y cyngor**
- 5 Gwefan ysgol / coleg**

Showcard 13

- 1 Welsh Government website**
- 2 NHS Direct Wales website**
- 3 GP surgery's website**
- 4 Local authority / council website**
- 5 School / college website**

Cerdyn 14

- 1 Rwy'n / Rydym ni'n berchen arno neu'n byw gyda'r perchennog (yn cynnwys cartrefi sy'n cael eu prynu drwy forgais)**
- 2 Mae ar rent oddi wrth y cyngor lleol**
- 3 Mae ar rent oddi wrth gymdeithas dai neu ymddiriedolaeth dai**
- 4 Mae ar rent oddi wrth landlord preifat**
- 5 Arall (e.e. yn byw yn ddi-rent neu gartref sy'n dod gyda swydd)**

Showcard 14

- 1 I / we own it or live with the person who owns it (includes homes being bought with a mortgage)**
- 2 It is rented from the local council**
- 3 It is rented from a housing association or housing trust**
- 4 It is rented from a private landlord**
- 5 Other (e.g. live rent free or home comes with job)**

Cerdyn 15

- 1 Llai na 12 mis**
- 2 12 mis ond llai na 2 flynedd**
- 3 2 flynedd ond llai na 3 blynedd**
- 4 3 blynedd ond llai na 5 mlynedd**
- 5 5 mlynedd ond llai na 10 mlynedd**
- 6 10 mlynedd neu fwy**

Showcard 15

- 1 Less than 12 months**
- 2 12 months but less than 2 years**
- 3 2 years but less than 3 years**
- 4 3 years but less than 5 years**
- 5 5 years but less than 10 years**
- 6 10 years or more**

15

Cerdyn A1

- 1 Berchen yn gyfan gwbl**
- 2 Berchen â morgais**
- 3 Berchen rhan- a rentu rhan (cyd-berchnogaeth)**

Showcard A1

- 1 Own it outright**
- 2 Own it with a mortgage**
- 3 Part own and part rent (shared ownership)**

A1

Cerdyn 16

- 1 Diogel iawn**
- 2 Eithaf diogel**
- 3 Ychydig yn anniogel**
- 4 Anniogel iawn**

Showcard 16

- 1 Very safe**
- 2 Fairly safe**
- 3 A bit unsafe**
- 4 Very unsafe**

16

Cerdyn 17

- 1 Bob wythnos**
- 2 Unwaith y mis**
- 3 3-4 gwaith y flwyddyn**
- 4 Dwywaith y flwyddyn**
- 5 Unwaith y flwyddyn**
- 6 Llai aml / byth**

Showcard 17

- 1 Every week**
- 2 Once a month**
- 3 3-4 times a year**
- 4 Twice a year**
- 5 Once a year**
- 6 Less often / Never**

17

Cerdyn 18

- 1 Lolfa**
- 2 Cegin**
- 3 Ystafell wely**
- 4 Arall**
- 5 Ddim yn smygu yn y cartref**

Showcard 18

- 1 Lounge**
- 2 Kitchen**
- 3 Bedroom**
- 4 Other**
- 5 Do not smoke in own home**

18

Cerdyn 19

- 1 Rydw i wedi newid cyflenwr yn ystod y flwyddyn ddiwethaf**
- 2 Rydw i wedi newid tariff ond nid cyflenwr yn ystod y flwyddyn ddiwethaf**
- 3 Rydw i wedi newid tariff neu gyflenwr, ond dros flwyddyn yn ôl**
- 4 Dydw i ddim wedi newid tariff na chyflenwr erioed**

Showcard 19

- 1 I have switched supplier in the last year**
- 2 I have switched tariff but not supplier in the last year**
- 3 I have switched tariff or supplier but more than a year ago**
- 4 I have never switched tariff or supplier**

Cerdyn 20

- 1 Inswleiddio atig**
- 2 Inswleiddio tanc dŵr poeth**
- 3 Inswleiddio wal neu lawr**
- 4 Gosod boeler newydd**
- 5 Gwella system reoli'r gwres**
- 6 Gosod mesurau ynni adnewyddadwy**
- 7 Gosod ffenestri neu ddrysau allanol**
- 8 Arall (nodwch)**
- 9 Dim un o'r rhain**

Showcard 20

- 1 Improve the loft insulation**
- 2 Improve hot water tank insulation**
- 3 Improve wall or floor insulation**
- 4 Install a new boiler**
- 5 Improve heating controls**
- 6 Install renewable energy measures**
- 7 Install new windows or external doors**
- 8 Other (please specify)**
- 9 None of these**

20

Cerdyn 21

- 1 Nyth**
- 2 Arbed**
- 3 Cyllid y Fargen Werdd**
- 4 Cynllun arian yn ôl y Fargen Werdd**
- 5 Darparwr ynni**
- 6 Awdurdod lleol / cyngor**
- 7 Cymhelliad Gwres Adnewyddadwy neu Taliad y Premiwm Gwres Adnewyddadwy**
- 8 Tariff cyflenwi trydan ar gyfer paneli solar**
- 9 Arall (nodwch)**
- 10 Wedi cael cymorth ariannol gan sefydliad ond ddim yn siŵr pa un**
- 11 Dim un o'r rhain**

Showcard 21

- 1 Nest**
- 2 Arbed**
- 3 The Green Deal finance**
- 4 The Green Deal cashback**
- 5 Energy supplier**
- 6 Local authority / council**
- 7 Renewable Heat Incentive (RHI) or Renewable Heat Premium Payment (RHPP)**
- 8 Feed in tariffs for solar panels**
- 9 Other (please specify)**
- 10 Had financial support from an organisation but not sure which one**
- 11 None of these**

21

Cerdyn 22

- 1 Inswleiddio atig**
- 2 Inswleiddio tanc dŵr poeth**
- 3 Inswleiddio wal neu lawr**
- 4 Gosod boeler newydd**
- 5 Gwella system reoli'r gwres**
- 6 Gosod mesurau ynni adnewyddadwy**
- 7 Gosod ffenestri neu ddrysau allanol**
- 8 Arall (nodwch)**
- 9 Dim un o'r rhain**

Showcard 22

- 1 Improve the loft insulation**
- 2 Improve hot water tank insulation**
- 3 Improve wall or floor insulation**
- 4 Install a new boiler**
- 5 Improve heating controls**
- 6 Install renewable energy measures**
- 7 Install new windows or external doors**
- 8 Other (please specify)**
- 9 None of these**

22

Cerdyn A2

- 1 Debyd uniongyrchol (gan gynnwys debyd uniongyrchol ar-lein)**
- 2 Talu ar ôl derbyn bil drwy'r post, ffôn, ar-lein neu mewn banc/swyddfa bost**
- 3 Rheol sefydlog**
- 4 Talu o flaen llaw drwy fesurydd (cerdyn, arian neu daleb)**
- 5 Cynnwys fel rhan o'r rhent**
- 6 Dull o dalu arian yn rheolaidd (hynny yw yn amlach nag unwaith y mis)**
- 7 Tanwydd Uniongyrchol / talu'n uniongyrchol o fudd-daliadau**
- 8 Bil blynyddol sefydlog (faint bynnag o drydan a ddefnyddir) e.e. StayWarm**
- 9 Arall (nodwch)**

Showcard A2

- 1 Direct debit (including online direct debit)**
- 2 Payment on receipt of bill by post, telephone, online or at bank/post office**
- 3 Standing order**
- 4 Pre-payment (keycard, slot or token) meters**
- 5 Included in rent**
- 6 Frequent cash payment method**
- 7 (i.e. more frequent than once a month)**
- 8 Fuel Direct / paid direct from benefits**
- 9 Fixed annual bill (however much electricity is used)**

A2

Cerdyn A3

- 1 Debyd uniongyrchol (gan gynnwys debyd uniongyrchol ar-lein)**
- 2 Talu ar ôl derbyn bil drwy'r post, ffôn, ar-lein neu mewn banc/swyddfa bost**
- 3 Rheol sefydlog**
- 4 Talu o flaen llaw drwy fesurydd (cerdyn, arian neu daleb)**
- 5 Cynnwys fel rhan o'r rhent**
- 6 Dull o dalu arian yn rheolaidd (hynny yw yn amlach nag unwaith y mis)**
- 7 Tanwydd Uniongyrchol / talu'n uniongyrchol o fudd-daliadau**
- 8 Bil blynyddol sefydlog (faint bynnag o nwy a ddefnyddir) e.e. StayWarm**
- 9 Arall (nodwch)**

Showcard A3

- 1 Direct debit (including online direct debit)**
- 2 Payment on receipt of bill by post, telephone, online or at bank/post office**
- 3 Standing order**
- 4 Pre-payment (keycard, slot or token) meters**
- 5 Included in rent**
- 6 Frequent cash payment method**
- 7 (i.e. more frequent than once a month)**
- 8 Fuel Direct / paid direct from benefits**
- 9 Fixed annual bill (however much gas is used)**

A3

Cerdyn A4 / Showcard A4

	... yr wythnos / a week	... y mis / a month	... y flwyddyn / a year
1	llai na / less than £200	llai na / less than £870	llai na / less than £10,400
2	£200 – £399	£870 – £1,729	£10,400 – £20,799
3	£400 – £599	£1,730 – £2,599	£20,800 – £31,099
4	£600 – £799	£2,600 – £3,459	£31,100 – £41,499
5	£800 neu fwy / or more	£3,460 neu fwy / or more	£41,500 neu fwy / or more

A4

Cerdyn A5

- 1 Awr**
- 2 Diwrnod**
- 3 Wythnos**
- 4 Pythefnos**
- 5 4 wythnos**
- 6 Mis calendr**
- 7 Blwyddyn**
- 8 Arall (nodwch)**

Showcard A5

- 1 An hour**
- 2 A day**
- 3 A week**
- 4 A fortnight**
- 5 4 weeks**
- 6 Calendar month**
- 7 Year**
- 8 Other (please specify)**

A5

Cerdyn A6

- 1 Cymhorthdal Incwm
- 2 Cymhorthdal Incwm
- 3 Credyd Treth Gwaith (WTC)
- 4 Credyd Treth Plant (CTC)
- 5 Lwfans Ceisio Gwaith (JSA)
- 6 Pensiwn Ymddeol y Wladwriaeth
- 7 Credyd Pensiwn
- 8 Credyd Cynhwysol
- 9 Lwfans Gwarcheidwad
- 10 Budd-dal Plant
- 11 Tâl Mamolaeth Statudol
- 12 Tâl Tadolaeth Statudol
- 13 Tâl Mabwysiadu Statudol
- 14 Lwfans Mamolaeth
- 15 Lwfans Profedigaeth (Pensiwn Gwraig Weddw gynt) neu Lwfans Rhiant Gweddw
- 16 Dim

Showcard A6

- 1 Income Support
- 2 Employment and support allowance (ESA)
- 3 Working Tax Credit (WTC)
- 4 Child Tax Credit (CTC)
- 5 Jobseeker's Allowance (JSA)
- 6 State Retirement Pension
- 7 Pension Credit
- 8 Universal Credit
- 9 Guardian's Allowance
- 10 Child Benefit
- 11 Statutory Maternity Pay
- 12 Statutory Paternity Pay
- 13 Statutory Adoption Pay
- 14 Maternity Allowance
- 15 Bereavement Allowance (previously Widow's Pension) or Widowed Parent's Allowance
- 16 None

A6

Cerdyn A7

- | | |
|----|----------------|
| 1 | 1 wythnos |
| 2 | 2 wythnos |
| 3 | 3 wythnos |
| 4 | 4 wythnos |
| 5 | Mis calendr |
| 6 | 2 fis |
| 7 | 3 mis |
| 8 | 6 mis |
| 9 | 1 blwyddyn |
| 10 | Arall (nodwch) |

Showcard A7

- | | |
|----|------------------------|
| 1 | 1 week |
| 2 | 2 weeks |
| 3 | 3 weeks |
| 4 | 4 weeks |
| 5 | Calendar month |
| 6 | 2 months |
| 7 | 3 months |
| 8 | 6 months |
| 9 | 1 year |
| 10 | Other (please specify) |

A7

Cerdyn A8a

- 1 Budd-dal Analluogrwydd (Budd-dal Analluedd gynt)**
- 2 Lwfans Byw i'r Anabl - Elfen Ofal**
- 3 Lwfans Byw i'r Anabl - Elfen Symudedd**
- 4 Taliad Annibyniaeth Personol (PIP) - Elfen Symudedd**
- 5 Taliad Annibyniaeth Personol (PIP) - Elfen Bywyd Beunyddiol**
- 6 Lwfans Anabledd Difrifol**
- 7 Budd-dal Anabledd Anafiadau Diwydiannol**
- 8 Lwfans Gofalwr (Lwfans Gofal Analluedd gynt)**
- 9 Tâl Salwch Statudol**
- 10 Pensiwn Anabledd Rhyfel neu Bensiwn Rhyfel Gwraig Weddw**
- 11 Premiwm Anabledd yn cynnwys Cymhorthdal Incwm/Budd-dal Tai**
- 12 Lwfans Gweini**

Showcard A8a

- 1 Incapacity Benefit (formerly Invalidity Benefit)**
- 2 Disability Living Allowance – Care Component**
- 3 Disability Living Allowance – Mobility Component**
- 4 Personal Independence Payment (PIP) – Mobility Component**
- 5 Personal Independence Payment (PIP) – Daily Living Component**
- 6 Severe Disablement Allowance**
- 7 Industrial Injuries Disablement**
- 8 Carer's Allowance (formerly Invalid Care Allowance)**
- 9 Statutory Sick Pay**
- 10 War disablement pension or War Widow's Pension**
- 11 Disability premium with Income Support / Housing Benefit**
- 12 Attendance allowance**

A8a

Cerdyn A8b

- 13 Grant o'r Gronfa Gymdeithasol ar gyfer treuliau angladd**
- 14 Grant o'r Gronfa Gymdeithasol ar gyfer treuliau mamolaeth**
- 15 Grant Mamolaeth Cychwyn Cadarn**
- 16 Benthyciad Cyllidebu o'r Gronfa Gymdeithasol / Blaenswm Cyllidebu o'r Credyd Cynhwysol**
- 17 Benthyciadau'r Gronfa Gymdeithasol**
- 18 Cronfa Cymorth Dewisol Llywodraeth Cymru - Taliad Cymorth mewn Argyfwng**
- 19 Cronfa Cymorth Dewisol Llywodraeth Cymru - Taliadau Cymorth i Unigolion**
- 20 Bonws Cynhaliaeth Plant**
- 21 Parhad i'r Budd-dal Rhieni Unigol**
- 22 Arall (nodwch)**
- 23 Dim**

Showcard A8b

- 13 Grant from the Social Fund for funeral expenses**
- Grant from the Social Fund for Maternity Expenses**
- Sure Start Maternity Grant**
- Budgeting Loan from the Social Fund / Budgeting Advances from Universal Credit**
- Social Fund Loans**
- Welsh Government Discretionary Assistance Fund – Emergency Assistance Payment**
- Welsh Government Discretionary Assistance Fund – Individual Assistance Payments**
- Child Maintenance Bonus**
- Lone Parent's Benefit Run-on**
- Other (please specify)**
- None**

A8b

Cerdyn A9

- | | |
|----|----------------|
| 1 | 1 wythnos |
| 2 | 2 wythnos |
| 3 | 3 wythnos |
| 4 | 4 wythnos |
| 5 | Mis calendr |
| 6 | 2 fis |
| 7 | 3 mis |
| 8 | 6 mis |
| 9 | 1 blwyddyn |
| 10 | Arall (nodwch) |

Showcard A9

- | | |
|----|------------------------|
| 1 | 1 week |
| 2 | 2 weeks |
| 3 | 3 weeks |
| 4 | 4 weeks |
| 5 | Calendar month |
| 6 | 2 months |
| 7 | 3 months |
| 8 | 6 months |
| 9 | 1 year |
| 10 | Other (please specify) |

A9

Cerdyn A10

- 1 Pensiwn/pensiynau
galwedigaethol/cyflogwr (nad yw'n
bensiw'n y Wladwriaeth)**
- 2 Incwm o flwydd-dal (annuity),
ymddiriedolaeth neu gyfamod**
- 3 Taliadau cynnal**
- 4 Rhent o eiddo neu drwy isrentu, gan
gynnwys lletywyr (boarders)**
- 5 Budd-dal drwy gynllun
damweiniau/salwch ac ati**
- 6 Incwm buddsoddi (e.e. Difidendau o
gyfranddaliadau)**
- 7 Benthyciad i fyfyrwyr**
- 8 Grant**
- 9 Incwm rheolaidd nad yw'n seiliedig ar
waith o unrhyw ffynhonnell arall (rhowch
fanylion)**
- 10 Dim**

Showcard A10

- 1 Occupational/employer (non-State)
pension(s)**
- 2 Income from annuity, trust or covenant**
- 3 Maintenance payments**
- 4 Rent from property or subletting,
including boarders**
- 5 Benefit from accident/sickness scheme
etc.**
- 6 Investment income (e.g. Dividends from
shares)**
- 7 Student loan**
- 8 Grant**
- 9 Regular non-work income, from any other
source (please specify)**
- 10 None**

A10

Cerdyn A11

- | | |
|----|----------------|
| 1 | 1 wythnos |
| 2 | 2 wythnos |
| 3 | 3 wythnos |
| 4 | 4 wythnos |
| 5 | Mis calendr |
| 6 | 2 fis |
| 7 | 3 mis |
| 8 | 6 mis |
| 9 | 1 blwyddyn |
| 10 | Arall (nodwch) |

Showcard A11

- | | |
|----|------------------------|
| 1 | 1 week |
| 2 | 2 weeks |
| 3 | 3 weeks |
| 4 | 4 weeks |
| 5 | Calendar month |
| 6 | 2 months |
| 7 | 3 months |
| 8 | 6 months |
| 9 | 1 year |
| 10 | Other (please specify) |

A11

Cerdyn A12 / Showcard A12

- | | |
|-----------|--|
| 1 | llai na / under £1,000 |
| 2 | £1,000 – 2,999 |
| 3 | £3,000 – 4,999 |
| 4 | £5,000 – 5,999 |
| 5 | £6,000 – 6,999 |
| 6 | £7,000 – 7,999 |
| 7 | £8,000 – 11,999 |
| 8 | £12,000 – 15,999 |
| 9 | £16,000 – 19,999 |
| 10 | £20,000 – 29,999 |
| 11 | £30,000 – 39,999 |
| 12 | £40,000 – 49,999 |
| 13 | £50,000 – 99,999 |
| 14 | £100,000 – 149,999 |
| 15 | £150,000 a throsodd / and above |

A12

Cerdyn A13

- | | |
|---|----------------|
| 1 | 1 wythnos |
| 2 | 2 wythnos |
| 3 | 4 wythnos |
| 4 | Mis calendr |
| 5 | Blwyddyn |
| 6 | Arall (nodwch) |

Showcard A13

- | | |
|---|------------------------|
| 1 | 1 week |
| 2 | 2 weeks |
| 3 | 4 weeks |
| 4 | Calendar month |
| 5 | Year |
| 6 | Other (please specify) |

A13

Cerdyn A14

- 1 Ydy – yn talu am y rhent yn llwyr**
- 2 Ydy – yn talu rhywfaint o rhent**
- 3 Ydy – ddim yn gwybod os yw'n talu'r rhent yn llwyr neu'n rhannol**
- 4 Nac ydy**

Showcard A14

- 1 Yes – covers all rent**
- 2 Yes – covers some rent**
- 3 Yes – don't know if covers all or some rent**
- 4 No**

A14

Cerdyn A15

- 1 1 wythnos**
- 2 2 wythnos**
- 3 4 wythnos**
- 4 Mis calendr**
- 5 Blwyddyn**
- 6 Arall (nodwch)**

Showcard A15

- 1 1 week**
- 2 2 weeks**
- 3 4 weeks**
- 4 Calendar month**
- 5 Year**
- 6 Other (please specify)**

A15

Cerdyn A16

- 1 Y Dreth Gyngor**
- 2 Gwres**
- 3 Dŵr a charthffosiaeth**
- 4 Golau**
- 5 Dŵr poeth**
- 6 Tanwydd coginio**
- 7 Prydau bwyd rheolaidd**
- 8 Trwydded deledu**
- 9 Dim un o'r rhain**

Showcard A16

- 1 Council tax**
- 2 Heating**
- 3 Water and sewerage**
- 4 Lighting**
- 5 Hot water**
- 6 Fuel for cooking**
- 7 Regular meals**
- 8 TV licence fee**
- 9 None of these**

A16

Cerdyn A17

- 1 Sefydlog am lai na 2 flynedd**
- 2 Sefydlog am o leiaf 2 flynedd, ond llai na 5 mlynedd**
- 3 Sefydlog am 5 mlynedd neu fwy**
- 4 Cyfradd amrywiadwy safonol y benthycwr**
- 5 Cyfradd amrywiadwy ostyngol (o gymharu â chyfradd amrywiadwy safonol y benthycwr; gall newid unrhyw bryd)**
- 6 Cyfradd amrywiadwy wedi capio (cyfradd amrywiadwy ond nad oes modd mynd dros lefel benodol)**
- 7 Tracio (yn symud i fyny ac i lawr yn unol â meincnod penodol fel lleiafswm cyfradd fenthycu Banc Lloegr)**
- 8 Arall**

Showcard A17

- 1 Fixed for less than 2 years**
- 2 Fixed for at least 2 years, but less than 5 years**
- 3 Fixed for 5 years or more**
- 4 Lender's standard variable rate**
- 5 Discounted variable rate (relative to lender's standard variable rate; can change at any time)**
- 6 Capped variable rate (variable rate but fixed not to go above a set level)**
- 7 Tracker (moves up and down relative to benchmark such as Bank of England's minimum lending rate)**
- 8 Other**

A17

Cerdyn A18

- 1 Dim ond un oedolyn**
- 2 Person â nam meddyliol difrifol**
- 3 Person 18 oed neu hŷn sy'n dal i fod yn yr ysgol**
- 4 Myfyriwr**
- 5 Myfyrwyr Nyrsio**
- 6 Prentisiaid**
- 7 Hyfforddiant leuenctid**
- 8 Gweithwyr gofal**
- 9 Arall**
- 10 Dim gostyngiad**

Showcard A18

- 1 Only one adult**
- 2 A severely mentally impaired person**
- 3 A person aged 18 or over who is still at school**
- 4 A student**
- 5 Student nurses**
- 6 Apprentices**
- 7 Youth training trainees**
- 8 Care workers**
- 9 Other**
- 10 No discount**

A18

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Cerdyn 23

- 1 Siopau**
- 2 Tafarn / bwyty**
- 3 Sinema**
- 4 Parc**
- 5 Llyfrgell**
- 6 Canolfan gymunedol**
- 7 Canolfan / clwb chwaraeon**
- 8 Clwb ieuenctid**
- 9 Canolfan iechyd / meddygfa**
- 10 Fferyllfa**
- 11 Swyddfa'r Post**
- 12 Ysgol gynradd**
- 13 Ysgol uwchradd**
- 14 Man addoli (e.e eglwys)**
- 15 Peiriant twll yn y wal**
- 16 Cysylltiadau trafnidiaeth gyhoeddus (e.e. gorsaf drenau neu lwybr bysiau)**
- 17 Dim un o'r uchod**

Showcard 23

- 1 Shops**
- 2 Pub / restaurant**
- 3 Cinema**
- 4 Park**
- 5 Library**
- 6 Community centre**
- 7 Sports centre / club**
- 8 Youth club**
- 9 Health centre / GP surgery**
- 10 Chemist**
- 11 Post office**
- 12 Primary school**
- 13 Secondary school**
- 14 Place of worship (e.g. church)**
- 15 Cash machine**
- 16 Public transport links (e.g. train station or bus route)**
- 17 None of the above**

23

Cerdyn 24

- 1 Prinder mannau cyhoeddus addas yn yr awyr agored**
- 2 Prinder mannau cyhoeddus addas dan do**
- 3 Prinder clubiau/gweithgareddau addas**
- 4 Gormod o droseddu/ymddygiad anghymdeithasol**
- 5 Pryderon ynghylch traffig**
- 6 Pryderon ynghylch dieithriaid**
- 7 Agweddau negyddol cymdogion neu oedolion eraill**
- 8 Prinder trafnidiaeth addas**
- 9 Costau**
- 10 Arall (nodwch)**

Showcard 24

- 1 A lack of suitable outdoor public places**
- 2 A lack of suitable indoor public places**
- 3 A lack of suitable clubs / activities**
- 4 Too much crime / antisocial behaviour**
- 5 Concerns about traffic**
- 6 Concerns about strangers**
- 7 Negative views from neighbours or other adults**
- 8 Lack of suitable transport**
- 9 Cost**
- 10 Other (please specify)**

24

Cerdyn 25

- 1 Wedi clywed amdano, ac â syniad go dda am yr hawliau dan sylw**
- 2 Wedi clywed amdano, ond ddim yn siŵr pa hawliau sydd dan sylw**
- 3 Heb glywed amdano**

Showcard 25

- 1 Heard of it and have a fair idea of the rights it involves**
- 2 Heard of it, but not sure what rights it involves**
- 3 Not heard of it**

25

Cerdyn 26

Showcard 26

Dim hyder o gwbl

Eithriadol o hyderus

0 1 2 3 4 5 6 7 8 9 10

Not at all confident

Extremely confident

26

Cerdyn 27

Showcard 27

Eithriadol o wael

Eithriadol o dda

0 1 2 3 4 5 6 7 8 9 10

Extremely bad

Extremely good

27

Cerdyn 28

- 1 Datganiad anghenion addysgol arbennig**
- 2 Cynllun Addysg Unigol**
- 3 Cynllun Datblygu Unigol**
- 4 Cynllun Gweithredu yn y Blynyddoedd Cynnar a Mwy / Gweithredu yn y Blynyddoedd Cynnar**
- 5 Cynllun Gweithredu gan yr Ysgol a Mwy / Gweithredu gan yr Ysgol**
- 6 Arall (nodwch)**
- 7 Dim un o'r rhain**

Showcard 28

- 1 Statement of special educational needs**
- 2 Individual education plan**
- 3 Individual development plan**
- 4 Early Years Action Plus / Early Years Action plan**
- 5 School Action Plus / School Action plan**
- 6 Other (please specify)**
- 7 None**

Cerdyn 29

- 1 Datganiad anghenion addysgol arbennig**
- 2 Cynllun Addysg Unigol**
- 3 Cynllun Datblygu Unigol**
- 4 Cynllun Gweithredu gan yr Ysgol a Mwy /
Gweithredu gan yr Ysgol**
- 5 Arall (nodwch)**
- 6 Dim un o'r rhain**

Showcard 29

- 1 Statement of special educational needs**
- 2 Individual education plan**
- 3 Individual development plan**
- 4 School Action Plus / School Action plan**
- 5 Other (please specify)**
- 6 None**

Cerdyn 30

- 1 Cyfrifoldeb y rhiant yn llwyr**
- 2 Cyfrifoldeb y rhiant yn bennaf**
- 3 Mae'r un faint o gyfrifoldeb gan yr ysgol a'r rhiant**
- 4 Cyfrifoldeb yr ysgol yn bennaf**
- 5 Cyfrifoldeb yr ysgol yn llwyr**

Showcard 30

- 1 Completely the parent's responsibility**
- 2 Mainly the parent's responsibility**
- 3 School and parent have equal responsibility**
- 4 Mainly the school's responsibility**
- 5 Completely the school's responsibility**

30

Cerdyn 31

- 1 Teledu**
- 2 Llechen/tabled (e.e. iPad/Kindle)**
- 3 Cyfrifiadur**
- 4 Gliniadur (laptop)**
- 5 Ffôn clyfar**
- 6 Consol gemau**
- 7 Dyfais llaw i chwarae gemau cyfrifiadurol (e.e. DS neu PSP)**
- 8 Arall (nodwch)**

Showcard 31

- 1 Television**
- 2 Tablet (e.g. iPad/Kindle)**
- 3 Computer**
- 4 Laptop**
- 5 Smartphone**
- 6 Games console**
- 7 Hand held games player, (e.g. a DS or PSP)**
- 8 Other (please specify)**

31

Cerdyn 32

- 1 Dim o gwbl**
- 2 Tua hanner awr y dydd**
- 3 Tua 1 awr y dydd**
- 4 Tua 2 awr y dydd**
- 5 Tua 3 awr y dydd**
- 6 Tua 4 awr y dydd**
- 7 Tua 5 awr y dydd**
- 8 Tua 6 awr y dydd**
- 9 Tua 7 awr y dydd neu fwy**

Showcard 32

- 1 None at all**
- 2 About half an hour a day**
- 3 About 1 hour a day**
- 4 About 2 hours a day**
- 5 About 3 hours a day**
- 6 About 4 hours a day**
- 7 About 5 hours a day**
- 8 About 6 hours a day**
- 9 About 7 hours or more a day**

32

Cerdyn 33

- 1 Yr amser i gyd (neu bron i gyd)**
- 2 Y rhan fwyaf o'r amser**
- 3 Rhywfaint o'r amser**
- 4 Ychydig iawn o'r amser neu ddim o gwbl**

Showcard 33

- 1 All (or almost all) of that time**
- 2 Most of that time**
- 3 Some of that time**
- 4 A little or none of that time**

33

Cerdyn 34

- 1 Pori ar wefannau**
- 2 Chwarae gemau**
- 3 Tynnu lluniau neu ffotograffau**
- 4 Gwrando ar gerddoriaeth**
- 5 Gwyllo cartwnau neu fideos eraill**
- 6 Chwilio am wybodaeth**
- 7 Darllen straeon**
- 8 Arall (nodwch)**
- 9 Ddim yn gwybod**

Showcard 34

- 1 Browses on websites**
- 2 Plays games**
- 3 Draws / makes images or photos**
- 4 Listens to music**
- 5 Watches cartoons or other videos**
- 6 Finds out information**
- 7 Reads stories**
- 8 Other (please specify)**
- 9 Don't know**

34

Cerdyn 35

- 1 Dim**
- 2 Tua hanner awr**
- 3 Tua awr**
- 4 Mwy nag awr**

Showcard 35

- 1 None**
- 2 About half an hour**
- 3 About an hour**
- 4 More than an hour**

35

Cerdyn 36

- 1 Bob dydd, fwy nag unwaith**
- 2 Unwaith y dydd, bob dydd**
- 3 5 – 6 diwrnod yr wythnos**
- 4 2 – 4 diwrnod yr wythnos**
- 5 Unwaith yr wythnos**
- 6 Llai nag unwaith yr wythnos**
- 7 Anaml neu byth**

Showcard 36

- 1 Every day, more than once**
- 2 Once a day, every day**
- 3 5 – 6 days a week**
- 4 2 – 4 days a week**
- 5 Once a week**
- 6 Less than once a week**
- 7 Rarely or never**

36

Cerdyn 37

- 1 Aros am addasiadau, ond y gwaith heb ei wneud eto**
- 2 Aros i symud i mewn i lety addas**
- 3 Landlord yn gwrthod caniatáu'r gwaith**
- 4 Landlord yn gwrthod talu am y gwaith**
- 5 Methu fforddio talu am y gwaith**
- 6 Dim ffydd mewn gweithwyr**
- 7 Arall (nodwch)**

Showcard 37

- 1 Waiting for adaptations to be made, but work not yet carried out**
- 2 Waiting to move into suitable accomodation**
- 3 Landlord won't allow work to be carried out**
- 4 Landlord won't pay for work**
- 5 Can't afford it**
- 6 Don't trust tradesmen**
- 7 Other (please specify)**

37

Cerdyn 38

- 1 1 - 19 awr yr wythnos**
- 2 20 - 49 awr yr wythnos**
- 3 50+ awr yr wythnos**

Showcard 38

- 1 1 - 19 hours a week**
- 2 20 - 49 hours a week**
- 3 50+ hours a week**

38

Cerdyn 39

- 1 Hawdd iawn**
- 2 Gweddol hawdd**
- 3 Gweddol anodd**
- 4 Anodd iawn**

Showcard 39

- 1 Very easy**
- 2 Fairly easy**
- 3 Fairly difficult**
- 4 Very difficult**

39

Cerdyn 40

- 1 Cyn 8am**
- 2 8-9am**
- 3 9-10am**
- 4 10am-12 canol dydd**
- 5 12 canol dydd-3pm**
- 6 3-5pm**
- 7 5-6pm**
- 8 Ar ôl 6pm**

Showcard 40

- 1 Before 8am**
- 2 8-9am**
- 3 9-10am**
- 4 10am-12 noon**
- 5 12 noon-3pm**
- 6 3-5pm**
- 7 5-6pm**
- 8 After 6pm**

40

Cerdyn 41

- 1 Fferyllydd**
- 2 Optegydd i gael prawf llygaid**
- 3 Deintydd**
- 4 Nyrs mewn meddygfa**
- 5 Meddyg teulu neu nyrs tu allan i oriau arferol**
- 6 Ymwelydd iechyd neu fydwraig**
- 7 Nyrs ranbarthol / gymunedol**
- 8 Ffisiotherapydd**
- 9 Therapydd galwedigaethol**
- 10 Deietegydd**
- 11 Awdiolegydd mewn ysbyty**
- 12 Podiatrydd / ciropodydd**
- 13 Osteopath**
- 14 Ceiropractydd**
- 15 Dim un o'r rhain**

Showcard 41

- 1 Pharmacist**
- 2 Optician for an eye test**
- 3 Dentist**
- 4 GP surgery nurse**
- 5 Out of hours GP or GP nurse**
- 6 Health visitor or midwife**
- 7 District / community nurse**
- 8 Physiotherapist**
- 9 Occupational therapist**
- 10 Dietitian**
- 11 Audiologist at a hospital**
- 12 Podiatrist / chiropodist**
- 13 Osteopath**
- 14 Chiropractor**
- 15 None of these**

41

Cerdyn 42

- 1 111 (ffôn neu ar-lein)**
- 2 Galw Iechyd Cymru (ffôn neu ar-lein)**
- 3 Gwasanaeth ar-lein Ychwanegu at Fywyd**
- 4 Dim un o'r rhain**

Showcard 42

- 1 111 (telephone or online)**
- 2 NHS Direct Wales (telephone or online)**
- 3 Add to Your Life online service**
- 4 None of these**

42

Cerdyn 43

- 1 Meddyginiaethau confensiynol, e.e. cyffur i ladd poen, meddyginiaethau diffyg traul, moddion peswch**
- 2 Meddyginiaethau llysieuol e.e. Eurinllys (St John's Wort)**
- 3 Mwynau neu fitaminau atodol (ac eithrio diodydd protein)**
- 4 Dim un o'r rhain**

Showcard 43

- 1 Conventional medicines, e.g. painkillers, indigestion remedies, cough medicine**
- 2 Herbal medicine, e.g. St John's Wort**
- 3 Mineral or vitamin supplements (excluding protein shakes)**
- 4 None of these**

43

Cerdyn 44

- 1 Llai na 12 mis yn ôl**
- 2 12 mis ond llai na 2 flynedd yn ôl**
- 3 2 flynedd neu fwy yn ôl**

Showcard 44

- 1 Less than 12 months ago**
- 2 12 months but less than 2 years ago**
- 3 2 years ago or more**

44

Cerdyn 45

- 1 Salad**
- 2 Tatws (gan gynnwys tatws mewn bwydydd eraill)**
- 3 Ffa fel ffa pob, cidnabêns, pys melyn, ffacbys, daal**
- 4 Llysiau eraill (naill ai'n amrwd (raw), wedi'u coginio, wedi'u rhewi neu o dun)**
- 5 Prydau yn cynnwys ffa neu llysiau yn bennaf (e.e. stiw llysiau, cyrri llysiau, saws llysiau)**
- 6 Dim un o'r rhain**

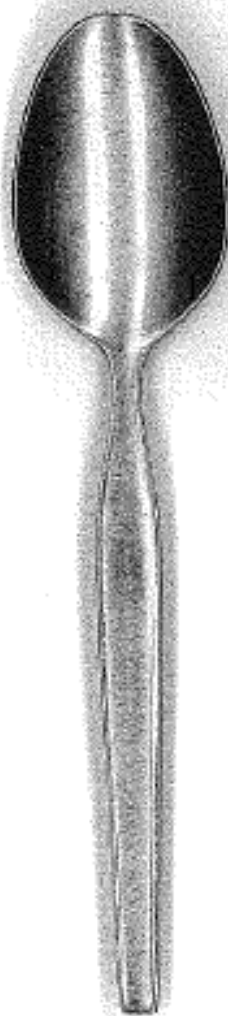
Showcard 45

- 1 Salad**
- 2 Potatoes (include potatoes in other dishes)**
- 3 Pulses such as baked beans, red kidney beans, lentils, chickpeas, daal**
- 4 Other vegetables (either raw, cooked, frozen or tinned)**
- 5 Dishes that mainly contain pulses or vegetables (e.g. vegetable stews, vegetable curries, vegetable sauces)**
- 6 None of these**

45

Cerdyn 46

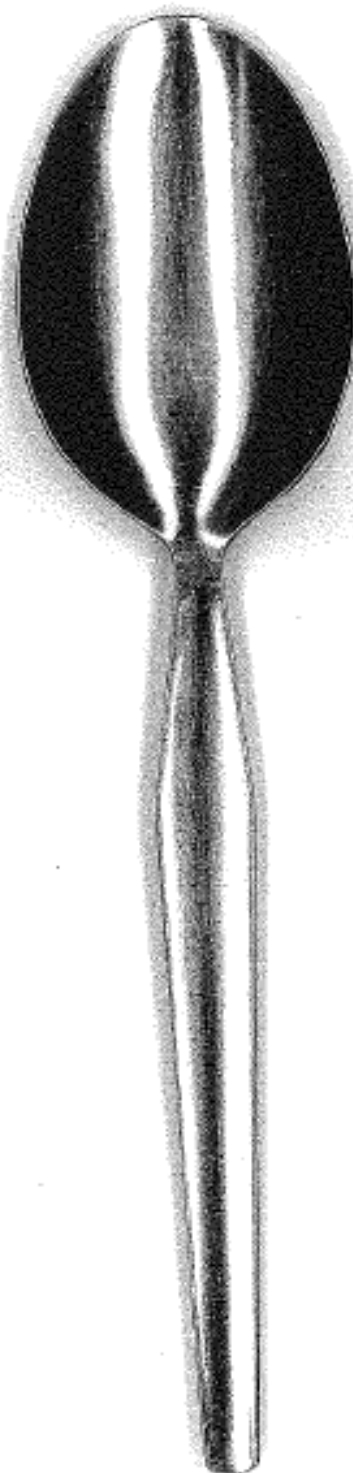
Showcard 46



Llwy de /
Teaspoon



Llwy bwdin /
Dessert spoon



Llwy fwrdd /
Tablespoon

Cerdyn 47

- 1 **Ffrwythau ffres bach iawn** e.e. grawnwin ac aeron
- 2 **Ffrwythau bach** e.e. eirin a satswmas
- 3 **Ffrwythau canolig** e.e. afalau, bananas ac orennau
- 4 **Ffrwythau mawr** e.e. grawnffrwyth
- 5 **Ffrwythau mawr iawn** e.e. melon
- 6 **Ffrwythau wedi'u rhewi neu o dun**
- 7 **Ffrwythau sych** e.e. resins, bricyll (apricots)
- 8 **Prydau o ffrwythau yn bennaf** e.e. salad ffrwythau neu darten ffrwythau
- 9 **Sudd ffrwythau**
- 10 **Dim un o'r rhain**

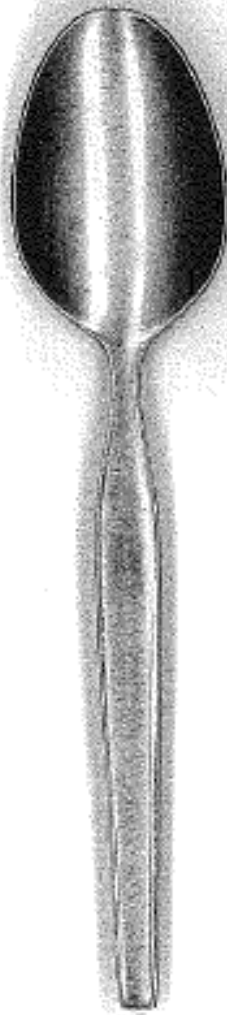
Showcard 47

- 1 **Very small fresh fruit** e.g. grapes and berries
- 2 **Small fruit** e.g. plums and satsumas
- 3 **Medium fruit** e.g. apples, bananas and oranges
- 4 **Large fruit** e.g. grapefruit
- 5 **Very large fruit** e.g. melon
- 6 **Frozen or tinned fruit**
- 7 **Dried fruit** e.g. raisins, apricots
- 8 **Dishes made mainly from fruit** e.g. fruit salad or fruit pies
- 9 **Fruit juice**
- 10 **None of these**

47

Cerdyn 48

Showcard 48



Llwy de /
Teaspoon



Llwy bwdin /
Dessert spoon



Llwy fwrdd /
Tablespoon

Cerdyn 49

- 1 Bron bob dydd**
- 2 Pump neu chwe diwrnod yr wythnos**
- 3 Tri neu bedwar diwrnod yr wythnos**
- 4 Unwaith neu ddwywaith yr wythnos**
- 5 Unwaith neu ddwywaith y mis**
- 6 Unwaith bob deufis**
- 7 Unwaith neu ddwywaith y flwyddyn**
- 8 Dim o gwbl yn y deuddeg mis diwethaf**

Showcard 49

- 1 Almost every day**
- 2 Five or six days a week**
- 3 Three or four days a week**
- 4 Once or twice a week**
- 5 Once or twice a month**
- 6 Once every couple of months**
- 7 Once or twice a year**
- 8 Not at all in the last 12 months**

49

Cerdyn 50

- 1 Cwrw / lager / seidr / shandi cryfder arferol**
- 2 Cwrw / lager / seidr cryf**
- 3 Gwirodydd neu wirodlynnau**
- 4 Sieri neu martini**
- 5 Gwin**
- 6 Alcopop / diodydd meddwol wedi'u cymysgu ymlaen llaw**
- 7 Diodydd meddwol eraill**
- 8 Diodydd alcohol isel yn unig**

Showcard 50

- 1 Normal strength beer / lager / cider / shandy**
- 2 Strong beer / lager / cider**
- 3 Spirits or liqueurs**
- 4 Sherry or martini**
- 5 Wine**
- 6 Alcopops / pre-mixed alcoholic drinks**
- 7 Other alcoholic drinks**
- 8 Low alcohol drinks only**

50

Cerdyn 51

- 1 Potel neu ran o botel**
- 2 Gwydraid mawr (250 mL)**
- 3 Gwydraid safonol (175 mL)**
- 4 Gwydraid bach (125 mL)**

Showcard 51

- 1 Bottle or parts of bottle**
- 2 Large glass (250 ml)**
- 3 Standard glass (175 ml)**
- 4 Small glass (125 ml)**

51

Cerdyn 52



**Gwydraid o
win 250ml**

**Gwydraid o
win 175ml**

**Gwydraid o
win 125ml**

Showcard 52



**250ml wine
glass**

**175ml wine
glass**

**125ml wine
glass**

52

Cerdyn 53

- 1 Bron bob dydd**
- 2 Pump neu chwe diwrnod yr wythnos**
- 3 Tri neu bedwar diwrnod yr wythnos**
- 4 Unwaith neu ddwywaith yr wythnos**
- 5 Unwaith neu ddwywaith y mis**
- 6 Unwaith bob deufis**
- 7 Unwaith neu ddwywaith y flwyddyn**
- 8 Dim o gwbl yn y deuddeg mis diwethaf**

Showcard 53

- 1 Almost every day**
- 2 Five or six days a week**
- 3 Three or four days a week**
- 4 Once or twice a week**
- 5 Once or twice a month**
- 6 Once every couple of months**
- 7 Once or twice a year**
- 8 Not at all in the last 12 months**

53

Cerdyn 54

- 1 ... Gwydrau bach (tua 125ml)**
- 2 Gwydrau safonol (tua 175ml)**
- 3 Gwydrau mawr (tua 250ml)?**

Showcard 54

- 1 ... Small glasses (approx. 125ml)**
- 2 Standard glasses (approx. 175ml)**
- 3 Large glasses (approx. 250ml)?**

54

Cerdyn 55

- 1 Bron bob dydd**
- 2 Pump neu chwe diwrnod yr wythnos**
- 3 Tri neu bedwar diwrnod yr wythnos**
- 4 Unwaith neu ddwywaith yr wythnos**
- 5 Unwaith neu ddwywaith y mis**
- 6 Unwaith bob deufis**
- 7 Unwaith neu ddwywaith y flwyddyn**
- 8 Ddim o gwbl yn y deuddeg mis diwethaf**

Showcard 55

- 1 Almost every day**
- 2 Five or six days a week**
- 3 Three or four days a week**
- 4 Once or twice a week**
- 5 Once or twice a month**
- 6 Once every couple of months**
- 7 Once or twice a year**
- 8 Not at all in the last 12 months**

55

Cerdyn 56

- 1 Rwy'n smygu bob dydd**
- 2 Rwy'n smygu'n achlysurol ond nid bob dydd**
- 3 Roeddwn i'n arfer smygu bob dydd ond dydw i ddim yn smygu o gwbl nawr**
- 4 Roeddwn i'n arfer smygu'n achlysurol ond dydw i ddim yn smygu o gwbl nawr**
- 5 Dydw i ddim wedi smygu erioed**

Showcard 56

- 1 I smoke daily**
- 2 I smoke occasionally but not every day**
- 3 I used to smoke daily but do not smoke at all now**
- 4 I used to smoke occasionally but do not smoke at all now**
- 5 I have never smoked**

56

Cerdyn 57

- 1 Cyflymder araf**
- 2 Cyflymder cyfartalog**
- 3 Cyflymder cymharol sionc**
- 4 Cyflymder cyflym – o leiaf 4 milltir yr awr**

Showcard 57

- 1 Slow pace**
- 2 Average pace**
- 3 Fairly brisk pace**
- 4 Fast pace – at least 4 miles per hour**

57

Cerdyn 58

- 1 Bob dydd**
- 2 Sawl gwaith yr wythnos**
- 3 Unwaith neu ddwywaith yr wythnos**
- 4 Unwaith neu ddwywaith y mis**
- 5 Llai aml/byth**

Showcard 58

- 1 Every day**
- 2 Several times a week**
- 3 Once or twice a week**
- 4 Once or twice a month**
- 5 Less often / never**

58

Cerdyn 59

- 1 Cyngorau lleol**
- 2 Llywodraeth Cymru**
- 3 Llywodraeth y DU**
- 4 Arall**
- 5 Ddim yn gwybod**

Showcard 59

- 1 Local councils**
- 2 Welsh Government**
- 3 UK Government**
- 4 Other**
- 5 Don't know**

59

Cerdyn 60

- 1 Treth incwm**
- 2 TAW (Treth ar Werth)**
- 3 Treth Gyngor**
- 4 Treth Stamp, hynny yw y dreth yr ydych yn ei thalu pan fyddwch yn prynu tŷ**
- 5 Treth ar alcohol**
- 6 Treth ar deithiau awyr o Gymru (sydd wedi'i chynnwys ym mhpris tocyn awyren)**
- 7 Treth ar y gwastraff a anfonir i safleoedd tirlenwi**
- 8 Dydw i ddim wedi clywed am unrhyw un o'r rhain**

Showcard 60

- 1 Income tax**
- 2 VAT (Value Added Tax)**
- 3 Council Tax**
- 4 Stamp duty, that's the tax you pay when you buy a house**
- 5 Tax on alcohol**
- 6 Tax on air travel from Wales (that is included in the plane ticket price)**
- 7 Tax on the waste that is sent to landfill**
- 8 I haven't heard of any of these**

60

Cerdyn 61

- 1 Cyngorau lleol**
- 2 Llywodraeth Cymru**
- 3 Llywodraeth y DU**
- 4 Arall**
- 5 Ddim yn gwybod**

Showcard 61

- 1 Local councils**
- 2 Welsh Government**
- 3 UK Government**
- 4 Other**
- 5 Don't know**

61

Cerdyn 62

- 1 Treth incwm**
- 2 TAW (Treth ar Werth)**
- 3 Treth Gyngor**
- 4 Treth Stamp, hynny yw y dreth yr ydych yn ei thalu pan fyddwch yn prynu tŷ**
- 5 Treth ar alcohol**
- 6 Treth ar deithiau awyr o Gymru (sydd wedi'i chynnwys ym mhpris tocyn awyren)**
- 7 Treth ar y gwastraff a anfonir i safleoedd tirlenwi**
- 8 Dim un o'r uchod**
- 9 Ddim yn gwybod**

Showcard 62

- 1 Income tax**
- 2 VAT (Value Added Tax)**
- 3 Council Tax**
- 4 Stamp duty, that's the tax you pay when you buy a house**
- 5 Tax on alcohol**
- 6 Tax on air travel from Wales (that is included in the plane ticket price)**
- 7 Tax on the waste that is sent to landfill**
- 8 None of the above**
- 9 Don't know**

62

Cerdyn 63

- 1 Rydyn ni / Rydw i yn gwneud hyn**
- 2 Hoffem ni / Hoffwn i wneud hyn ond yn methu fforddio gwneud ar hyn o bryd**
- 3 Dydyn ni / Dydw i ddim eisiau / ddim angen ar hyn o bryd**

Showcard 63

- 1 We / I have this**
- 2 We / I would like to have this but cannot afford this at the moment**
- 3 We / I do not want / need this at the moment**

63

Cerdyn 64

- 1 Yn gallu ymdopi â'r holl filiau a'r ymrwymadau heb unrhyw drafferth**
- 2 Yn gallu ymdopi â'r holl filiau ac ymrwymadau ond mae'n anodd weithiau**
- 3 Yn gallu ymdopi â'r holl filiau ac ymrwymadau ond mae'n anodd drwy'r amser**
- 4 Yn methu talu ambell i fil neu ymrwymiad credyd**
- 5 Yn cael trafferthion ariannol gwirioneddol ac wedi methu talu nifer o filiau neu ymrwymadau credyd**
- 6 Does gen i ddim biliau**

Showcard 64

- 1 Keeping up with all bills and commitments without any difficulties**
- 2 Keeping up with all bills and commitments but it is a struggle from time to time**
- 3 Keeping up with all bills and commitments but it is a constant struggle**
- 4 Falling behind with some bills or credit commitments**
- 5 Having real financial problems and have fallen behind with many bills or credit commitments**
- 6 Have no bills**

64

Cerdyn 65

- 1 Rydyn ni / Rydw i yn gwneud hyn**
- 2 Hoffem ni / Hoffwn i wneud hyn ond yn methu fforddio gwneud ar hyn o bryd**
- 3 Dydyn ni / Dydw i ddim eisiau / ddim angen gwneud hyn ar hyn o bryd**

Showcard 65

- 1 We / I have this**
- 2 We / I would like to have this but cannot afford this at the moment**
- 3 We / I do not want / need this at the moment**

65

Cerdyn 66

- 1 Rydw i yn gwneud hyn**
- 2 Hoffwn i wneud hyn ond yn methu
fforddio gwneud ar hyn o bryd**
- 3 Dydw i ddim eisiau / ddim angen ar hyn o
bryd**

Showcard 66

- 1 I have this**
- 2 I would like to have this but cannot afford
this at the moment**
- 3 I do not want / need this at the moment**

66

Cerdyn 67

- 1 Yn gallu ymdopi â'r holl filiau a'r ymrwymadau heb unrhyw drafferth**
- 2 Yn gallu ymdopi â'r holl filiau ac ymrwymadau ond mae'n anodd weithiau**
- 3 Yn gallu ymdopi â'r holl filiau ac ymrwymadau ond mae'n anodd drwy'r amser**
- 4 Yn methu talu ambell i fil neu ymrwymiad credyd**
- 5 Yn cael trafferthion ariannol gwirioneddol ac wedi methu talu nifer o filiau neu ymrwymadau credyd**
- 6 Does gen i ddim biliau**

Showcard 67

- 1 Keeping up with all bills and commitments without any difficulties**
- 2 Keeping up with all bills and commitments but it is a struggle from time to time**
- 3 Keeping up with all bills and commitments but it is a constant struggle**
- 4 Falling behind with some bills or credit commitments**
- 5 Having real financial problems and have fallen behind with many bills or credit commitments**
- 6 Have no bills**

67

Cerdyn 68

- 1 Nid oes gen i'r arian i wneud hyn**
- 2 Nid yw'n flaenoriaeth i mi ar fy incwm presennol**
- 3 Mae fy iechyd / anabledd yn fy rhwystro**
- 4 Mae'n ormod o drafferth / yn fy mlino'n ormodol**
- 5 Nid oes unrhyw un ar gael i wneud hyn gyda neu i fy helpu**
- 6 Nid ydw i eisiau gwneud hyn**
- 7 Nid yw'n berthnasol i mi**
- 8 Rheswm arall**
- 9 Ddim yn gwybod**

Showcard 68

- 1 I do not have the money for this**
- 2 This is not a priority for me on my current income**
- 3 My health / disability prevents me**
- 4 It is too much trouble / too tiring**
- 5 There is no one to do this with or help me**
- 6 This is not something I want**
- 7 It is not relevant to me**
- 8 Other reason**
- 9 Don't know**

68

Cerdyn 69

- 1 Byddwn yn defnyddio fy incwm fy hun ond byddai angen i mi wario llai ar yr hanfodion
- 2 Byddwn yn defnyddio fy incwm fy hun ond ni fyddai angen i mi wario llai ar yr hanfodion
- 3 Byddwn yn defnyddio fy nghynilion
- 4 Byddwn yn defnyddio rhyw fath o gredyd (e.e. cerdyn credyd neu'n cael benthyciad)
- 5 Byddwn yn cael yr arian gan ffrindiau neu deulu fel anrheg neu fenthyciad
- 6 Arall (rhowch fanylion)

Showcard 69

- 1 I would use my own income but would need to cut back on essentials
- 2 I would use my own income but would not need to cut back on essentials
- 3 I would use my savings
- 4 I would use a form of credit (e.g. credit card or take out a loan)
- 5 I would get the money from friends or family as a gift or loan
- 6 Other (please specify)

69

Cerdyn 70

- 1 Nid oes gen i'r arian i wneud hyn**
- 2 Nid yw'n flaenoriaeth i mi ar fy incwm presennol**
- 3 Mae fy iechyd / anabledd yn fy rhwystro**
- 4 Mae'n ormod o drafferth / yn fy mlino'n ormodol**
- 5 Nid oes unrhyw un ar gael i wneud hyn gyda neu i fy helpu**
- 6 Nid ydw i eisiau gwneud hyn**
- 7 Nid yw'n berthnasol i mi**
- 8 Rheswm arall**
- 9 Ddim yn gwybod**

Showcard 70

- 1 I do not have the money for this**
- 2 This is not a priority for me on my current income**
- 3 My health / disability prevents me**
- 4 It is too much trouble / too tiring**
- 5 There is no one to do this with or help me**
- 6 This is not something I want**
- 7 It is not relevant to me**
- 8 Other reason**
- 9 Don't know**

70

Cerdyn 71

- 1 Mae'r plentyn (plant) yn cael hyn**
- 2 Mae'r plentyn (plant) eisiau hyn ond dydyn ni ddim yn gallu fforddio ar hyn o bryd**
- 3 Dyw'r plentyn (plant) ddim eisiau / ddim angen hyn ar hyn o bryd**

Showcard 71

- 1 Child(ren) has / have this**
- 2 Child(ren) would like to have this but we cannot afford this at the moment**
- 3 Child(ren) do not want / need this at the moment**

71

Cerdyn 72

- 1 Ydw / ydyn**
- 2 Nac ydw / ydyn – ni allwn ei fforddio**
- 3 Nac ydw / ydyn – rheswm arall**

Showcard 72

- 1 Yes**
- 2 No – cannot afford**
- 3 No – other reason**

72

Cerdyn 73

- 1 Dyled**
- 2 Materion ariannol eraill ac eithrio dyled**
- 3 Budd-daliadau lles**
- 4 Tai**
- 5 Cyflogaeth**
- 6 Camwahaniaethu (discrimination)**
- 7 Ysgariad neu broblemau yn ymwneud â thor-perthynas**
- 8 Gofal cymdeithasol**
- 9 Nwyddau neu wasanaethau yr ydych wedi'u prynu**
- 10 Arall (rhowch fanylion)**
- 11 Dim un o'r rhain**

Showcard 73

- 1 Debt**
- 2 Financial matters other than debt**
- 3 Welfare benefits**
- 4 Housing**
- 5 Employment**
- 6 Discrimination**
- 7 Divorce or problems related to relationship breakdown**
- 8 Social care**
- 9 Goods or services you have bought**
- 10 Other (please specify)**
- 11 None of these**

73

Cerdyn 74

- 1 Fe lwyddais i'w datrys**
- 2 Rwy'n dal i geisio'i datrys**
- 3 Ceisiais ei datrys ond rydw i wedi rhoi'r gorau iddi**
- 4 Gwneud dim**

Showcard 74

- 1 Sorted it out**
- 2 Still sorting it out**
- 3 Attempted to sort it out but gave up**
- 4 Did nothing**

74

Cerdyn 75

- 1 Wrth fy hun**
- 2 Gyda chymorth teulu / ffrindiau**
- 3 Gyda chymorth proffesiynol - gan dalu amdano**
- 4 Gyda chymorth proffesiynol - rhad ac am ddim**
- 5 Arall (rhowch fanylion)**

Showcard 75

- 1 On my own**
- 2 With the help of family / friends**
- 3 With professional help - paid for**
- 4 With professional help - free**
- 5 Other (please specify)**

75

Cerdyn 76

- 1 Costau**
- 2 Cymhlethdod**
- 3 Dim amser**
- 4 Dim digon o wybodaeth**
- 5 Gormod o straen**
- 6 Ar gyngor proffesiynol**
- 7 Ar gyngor teulu / ffrindiau**
- 8 Methu cael yr wybodaeth / cyngor angenrheidiol**
- 9 Arall (rhowch fanylion)**

Showcard 76

- 1 Due to costs**
- 2 Due to complexity**
- 3 Didn't have the time**
- 4 Lack of knowledge**
- 5 Too stressful**
- 6 On professional advice**
- 7 On the advice of family / friends**
- 8 Because I was unable to get information / advice I needed**
- 9 Other (please specify)**

76

Cerdyn 77

- 1 Costau**
- 2 Cymhlethdod**
- 3 Dim amser**
- 4 Dim digon o wybodaeth**
- 5 Gormod o straen**
- 6 Ar gyngor teulu / ffrindiau**
- 7 Arall (rhowch fanylion)**

Showcard 77

- 1 Due to costs**
- 2 Due to complexity**
- 3 Didn't have the time**
- 4 Lack of knowledge**
- 5 Too stressful**
- 6 On the advice of family / friends**
- 7 Other (please specify)**

77

Cerdyn 78

- 1 Dyled**
- 2 Materion ariannol eraill ac eithrio dyled**
- 3 Budd-daliadau lles**
- 4 Tai**
- 5 Cyflogaeth**
- 6 Camwahaniaethu (discrimination)**
- 7 Ysgariad neu broblemau yn ymwneud â thor-perthynas**
- 8 Gofal cymdeithasol**
- 9 Nwyddau neu wasanaethau yr ydych wedi'u prynu**
- 10 Arall (rhowch fanylion)**
- 11 Dim un o'r rhain**

Showcard 78

- 1 Debt**
- 2 Financial matters other than debt**
- 3 Welfare benefits**
- 4 Housing**
- 5 Employment**
- 6 Discrimination**
- 7 Divorce or problems related to relationship breakdown**
- 8 Social care**
- 9 Goods or services you have bought**
- 10 Other (please specify)**
- 11 None of these**

78

Cerdyn 79

- 1 Hyderus iawn**
- 2 Gweddol hyderus**
- 3 Ddim yn hyderus iawn**
- 4 Ddim yn hyderus o gwbl**

Showcard 79

- 1 Very confident**
- 2 Fairly confident**
- 3 Not very confident**
- 4 Not at all confident**

79

Cerdyn 80

- 1 Cyflwyno Credyd Cynhwysol (Universal Credit)**
- 2 Cyflwyno Taliad Annibyniaeth Bersonol (Personal Independence Payment) yn lle Lwfans Byw i'r Anabl (Disability Living Allowance)**
- 3 Cap Budd-dal Aelwydydd**
- 4 "Treth ystafell wely" (Cael gwared â'r cymhorthdal ystafell sbâr)**
- 5 Dim un o'r uchod**

Showcard 80

- 1 Introduction of Universal Credit**
- 2 Introduction of Personal Independence Payment (replaced Disability Living Allowance)**
- 3 Household Benefit Cap**
- 4 "Bedroom Tax" (Removal of the Spare Room Subsidy)**
- 5 None of the above**

80

Cerdyn 81

- 1 Cadarnhaol**
- 2 Negyddol**
- 3 Cadarnhaol a negyddol**
- 4 Dim / Ddim yn berthnasol**

Showcard 81

- 1 Positive**
- 2 Negative**
- 3 Both positive and negative**
- 4 None / Not applicable**

81

Cerdyn 82

- 1 Corff elusennol**
- 2 Ysgol neu grŵp person ifanc**
- 3 Grŵp tenantiaid / preswylwyr neu warchod cymdogaeth**
- 4 Grŵp crefyddol**
- 5 Grŵp / sefydliad pensiynwyr**
- 6 Clwb chwaraeon**
- 7 Grwpiau celfyddydol (megis drama, cerddoriaeth, celf neu grefft)**
- 8 Grŵp amgylcheddol**
- 9 Amgueddfa / safle treftadaeth**
- 10 Clwb neu sefydliad arall**
- 11 Dim un o'r rhain**

Showcard 82

- 1 Charitable organisation**
- 2 School or young person's group**
- 3 Tenants / residents group or neighbourhood watch**
- 4 Religious group**
- 5 Pensioners group / organisation**
- 6 Sports club**
- 7 Arts groups (e.g. drama, music, arts or crafts)**
- 8 Environmental group**
- 9 Museum / heritage site**
- 10 Other club or organisation**
- 11 None of these**

82

Cerdyn 83

- 1 Dangosiad ffilm**
- 2 Theatr**
- 3 Digwyddiad cerddoriaeth fyw**
- 4 Perfformiad dawns**
- 5 Digwyddiad adrodd straeon neu ddarllen**
- 6 Arall (rhowch fanylion)**
- 7 Dim un o'r rhain**

Showcard 83

- 1 Film showing**
- 2 Theatre**
- 3 Live music**
- 4 Dance performance**
- 5 Storytelling or reading event**
- 6 Other arts event (please specify)**
- 7 None of these**

83

Cerdyn 84

- 1 Unwaith yr wythnos o leiaf**
- 2 Llai nag unwaith yr wythnos ond unwaith y mis o leiaf**
- 3 Llai nag unwaith y mis, ond o leiaf 3 neu 4 gwaith y flwyddyn**
- 4 Dwywaith yn y 12 mis diwethaf**
- 5 Unwaith yn y 12 mis diwethaf**

Showcard 84

- 1 At least once a week**
- 2 Less often than once a week, but at least once a month**
- 3 Less often than once a month, but at least 3 or 4 times a year**
- 4 Twice in the last 12 months**
- 5 Once in the last 12 months**

84

Cerdyn 85

- 1 Cerddoriaeth**
- 2 Drama neu weithgaredd theatrig**
- 3 Dawnsio**
- 4 Gwneud ffilmiau neu ffotograffiaeth
(heblaw lluniau teuluol, gwyliau neu barti)**
- 5 Celf a chrefft gweledol, e.e. peintio,
gwneud gemwaith, tecstilau**
- 6 Ysgrifennu creadigol**
- 7 Creu a gwneud darnau o gelf neu
animeiddio gwreiddiol gan ddefnyddio
technoleg ddigidol**
- 8 Sgiliau syrcas, celf stryd neu weithgaredd
theatr corfforol arall**
- 9 Dim un o'r rhain**

Showcard 85

- 1 Music**
- 2 Drama or theatrical activity**
- 3 Dance**
- 4 Film making or photography (other than
family, holiday or party snaps)**
- 5 Visual arts and crafts, e.g. painting,
jewellery making, textiles**
- 6 Creative writing**
- 7 Making art work or animation using digital
technology**
- 8 Circus skills, street arts or other physical
theatre activity**
- 9 None of these**

85

Cerdyn 86

- 1 Unwaith yr wythnos o leiaf**
- 2 Llai nag unwaith yr wythnos ond unwaith y mis o leiaf**
- 3 Llai nag unwaith y mis, ond o leiaf 3 neu 4 gwaith y flwyddyn**
- 4 Dwywaith yn y 12 mis diwethaf**
- 5 Unwaith yn y 12 mis diwethaf**

Showcard 86

- 1 At least once a week**
- 2 Less often than once a week, but at least once a month**
- 3 Less often than once a month, but at least 3 or 4 times a year**
- 4 Twice in the last 12 months**
- 5 Once in the last 12 months**

86

Cerdyn 87

- 1 Adeilad hanesyddol agored i'r cyhoedd (heb fod yn grefyddol)**
- 2 Parc neu ardd hanesyddol sy'n agored i'r cyhoedd**
- 3 Man sy'n gysylltiedig â hanes diwydiannol (e.e. hen ffatri, dociau neu chwarel)**
- 4 Man addoli hanesyddol fel ymwelydd (nid i addoli)**
- 5 Heneb fel castell, caer neu adfail**
- 6 Safle o ddiddordeb archeaolegol (e.e. Fila Rufeinig, safle claddu hynafol)**
- 7 Safle hanesyddol / treftadaeth arall**
- 8 Dim un o'r rhain**

Showcard 87

- 1 A historic building open to the public (non-religious)**
- 2 A historic park or garden open to the public**
- 3 A place connected with industrial history (e.g. an old factory, dockyard or mine)**
- 4 A historic place of worship attended as a visitor (not to worship)**
- 5 A monument such as a castle, fort or ruin**
- 6 A site of archaeological interest (e.g. Roman villa, ancient burial site)**
- 7 Other historic / heritage site**
- 8 None of these**

87

Cerdyn 88

- 1 Unwaith yr wythnos o leiaf**
- 2 Llai nag unwaith yr wythnos ond unwaith y mis o leiaf**
- 3 Llai nag unwaith y mis, ond o leiaf 3 neu 4 gwaith y flwyddyn**
- 4 Dwywaith yn y 12 mis diwethaf**
- 5 Unwaith yn y 12 mis diwethaf**

Showcard 88

- 1 At least once a week**
- 2 Less often than once a week, but at least once a month**
- 3 Less often than once a month, but at least 3 or 4 times a year**
- 4 Twice in the last 12 months**
- 5 Once in the last 12 months**

88

Cerdyn 89

Ymholiadau

- 1 Holi am eitemau mewn casgliad amgueddfa
- 2 Holi am bynciau dan sylw mewn casgliad amgueddfa

Gwasanaethau ar-lein

- 3 Dod o hyd i wybodaeth ar-lein am ymweld ag amgueddfa
- 4 Prynu eitemau o siop amgueddfa ar-lein, e.e. tocynnau mynediad
- 5 Cyrraedd at wybodaeth ar-lein am gasgliad amgueddfa
- 6 Creu "rhith gasgliad" gan ddefnyddio gwefan amgueddfa
- 7 Lawrlwytho adnodd dysgu o wefan amgueddfa

Gwasanaethau cymunedol

- 8 Benthg eitemau o amgueddfa ar gyfer digwyddiad/grŵp cymunedol
- 9 Bod yn bresennol mewn digwyddiad gan amgueddfa yn y gymuned
- 10 Dim un o'r rhain

Showcard 89

Enquiries

- 1 Enquired about items in a museum collection
- 2 Enquired about subject topics covered in a museum collection

Online services

- 3 Found information online about visiting a museum
- 4 Purchased items from a museum online shop, e.g. entrance tickets
- 5 Accessed online information about a museum's collection
- 6 Created a "virtual collection" using a museum website
- 7 Downloaded learning resources from a museum website

Community services

- 8 Borrowed items from a museum for a community group / event
- 9 Attended a museum event in the community
- 10 None of these

89

Cerdyn 90

- 1 Unwaith yr wythnos o leiaf**
- 2 Llai nag unwaith yr wythnos ond unwaith y mis o leiaf**
- 3 Llai nag unwaith y mis, ond o leiaf 3 neu 4 gwaith y flwyddyn**
- 4 Dwywaith yn y 12 mis diwethaf**
- 5 Unwaith yn y 12 mis diwethaf**

Showcard 90

- 1 At least once a week**
- 2 Less often than once a week, but at least once a month**
- 3 Less often than once a month, but at least 3 or 4 times a year**
- 4 Twice in the last 12 months**
- 5 Once in the last 12 months**

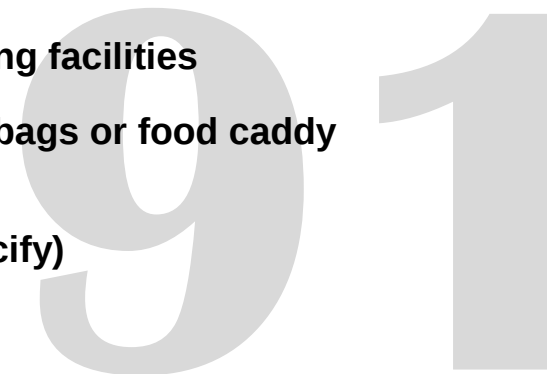
90

Cerdyn 91

- 1 Llyfrau**
- 2 DVDs**
- 3 Papurau newydd**
- 4 E-lyfrau**
- 5 E-gylchgronau**
- 6 Cyfrifiaduron**
- 7 Sesiynau TGCh / sgiliau digidol**
- 8 Wi-Fi am ddim**
- 9 Adnoddau hanes teuluol**
- 10 Lawrlwytho cerddoriaeth**
- 11 CDs**
- 12 Copïau cerddoriaeth**
- 13 Cyfleusterau argraffu / sganio**
- 14 Casglu bagiau ailgylchu neu fagiau ar gyfer y biniau bwyd**
- 15 Arall (rhowch fanylion)**

Showcard 91

- 1 Books**
- 2 DVDs**
- 3 Newspapers**
- 4 E-books**
- 5 E-magazines**
- 6 Computers**
- 7 ICT / digital skills sessions**
- 8 Free Wi-Fi**
- 9 Family history resources**
- 10 Music downloads**
- 11 CDs**
- 12 Sheet music**
- 13 Printing or scanning facilities**
- 14 Pick up recycling bags or food caddy liners**
- 15 Other (please specify)**



Cerdyn 92

- 1 Unwaith yr wythnos o leiaf**
- 2 Llai nag unwaith yr wythnos ond unwaith y mis o leiaf**
- 3 Llai nag unwaith y mis, ond o leiaf 3 neu 4 gwaith y flwyddyn**
- 4 Dwywaith yn y 12 mis diwethaf**
- 5 Unwaith yn y 12 mis diwethaf**

Showcard 92

- 1 At least once a week**
- 2 Less often than once a week, but at least once a month**
- 3 Less often than once a month, but at least 3 or 4 times a year**
- 4 Twice in the last 12 months**
- 5 Once in the last 12 months**

92

Cerdyn 93

Rhai enghreifftiau

Bowls

Golff

Pysgota

Nofio

Cerdded

Beicio

Marchogaeth

Mynd i'r gampfa neu i ddosbarthiadau ffitrwydd

Dawnsio

Pŵl

Showcard 93

Some examples

Bowls

Golf

Fishing

Swimming

Rambling

Cycling

Horse riding

Gym or fitness classes

Dance

Pool

93

Cerdyn 94 & 95

- 1 Pêl droed Americanaidd**
- 2 Saethyddiaeth**
- 3 Athletau (trac neu gae) (awyr agored)**
- 4 Pêl fas**
- 5 Pêl fasged (awyr agored)**
- 6 Bowls (awyr agored)**
- 7 Criced (awyr agored)**
- 8 Deifio (awyr agored)**
- 9 Pêl droed (awyr agored)**
- 10 Chwaraeon Gwyddelig**
- 11 Golff (gan gynnwys cwrs a phytio)**
- 12 Hoci (awyr agored)**
- 13 Loncian**
- 14 Lacrosse**
- 15 Pêl rwyd (awyr agored)**
- 16 Rhedeg ffordd / traws gwlad**

Showcard 94 & 95

- 1 American football**
- 2 Archery**
- 3 Athletics (track or field) (outdoor)**
- 4 Baseball**
- 5 Basketball (outdoor)**
- 6 Bowls (outdoor)**
- 7 Cricket (outdoor)**
- 8 Diving (outdoor)**
- 9 Football (outdoor)**
- 10 Gaelic sports**
- 11 Golf (inc. pitch and putt)**
- 12 Hockey (outdoor)**
- 13 Jogging**
- 14 Lacrosse**
- 15 Netball (outdoor)**
- 16 Road running / cross country**

94 & 95

- 17 Rownderi
- 18 Rygbi'r gynghrair
- 19 Rygbi'r undeb
- 20 Rygbi - rygbi cyffwrdd / tag
- 21 Pêl feddal
- 22 Hoci stryd
- 23 Nofio (awyr agored)
- 24 Tai Chi (awyr agored)
- 25 Saethu targedau / colomennod clai (awyr agored)
- 26 Tennis (awyr agored)
- 27 Triathlon
- 28 Tynnu rhaff
- 29 Pêl foli (awyr agored)
- 30 Gêm awyr agored arall
- 31 Dim un o'r rhain

- 17 Rounders
- 18 Rugby league
- 19 Rugby union
- 20 Rugby – touch or tag rugby
- 21 Softball
- 22 Street hockey
- 23 Swimming (outdoor)
- 24 Tai Chi (outdoor)
- 25 Target / clay pigeon shooting (outdoor)
- 26 Tennis (outdoor)
- 27 Triathlon
- 28 Tug-of-war
- 29 Volleyball (outdoor)
- 30 Other outdoor game
- 31 None of these

94&95

Cerdyn 96 & 97

- 1 BMX**
- 2 Canŵio**
- 3 Ralïo Ceir**
- 4 Crwydro Ogofâu**
- 5 Dringo (Awyr Agored)**
- 6 Beicio**
- 7 Pysgota / Genweirio**
- 8 Saethu Adar Hela**
- 9 Barcuta**
- 10 Marchogaeth / Neidio Ceffylau**
- 11 Certio / rasio ceir**
- 12 Caiacio**
- 13 Achub bywyd / Achub bywyd syrff**
- 14 Beicio modur traws gwlad / Sgramblo**
- 15 Beicio mynydd**
- 16 Mynydda / dringo creigiau**

Showcard 96 & 97

- 1 BMX**
- 2 Canoeing**
- 3 Car rallying**
- 4 Caving**
- 5 Climbing (outdoor)**
- 6 Cycling**
- 7 Fishing / angling**
- 8 Game shooting**
- 9 Hang gliding**
- 10 Horse riding / jumping**
- 11 Karting / motor racing**
- 12 Kayaking**
- 13 Lifesaving / surf lifesaving**
- 14 Moto cross / scrambling**
- 15 Mountain biking**
- 16 Mountaineering / rock climbing**

96 & 97

- 17 Cyfeiriannu
- 18 Crwydro / Cerdded bryniau a mynyddoedd
- 19 Sglefrolio / Sglefrio mewnlinell
- 20 Rhwyfo
- 21 Hwyllo
- 22 Sglefrfyrrddio (Awyr Agored)
- 23 Sgio
- 24 Eirafyrrddio
- 25 Tanddwr
- 26 Syrffio
- 27 Cerdded (mwy na 2 filltir)
- 28 Sgio dŵr
- 29 Hwylfyrrddio neu syrffio bwrdd
- 30 Iotio
- 31 Gweithgaredd awyr agored arall
- 32 Dim un o'r rhain

- 17 Orienteering
- 18 Rambling / hill and fell walking
- 19 Rollerblading / in-line skating
- 20 Rowing
- 21 Sailing
- 22 Skateboarding (outdoor)
- 23 Skiing
- 24 Snowboarding
- 25 Sub aqua
- 26 Surfing
- 27 Walking (over 2 miles)
- 28 Water skiing
- 29 Wind surfing or boardsurfing
- 30 Yachting
- 31 Other outdoor pursuit
- 32 None of these

96&97

Cerdyn 98 & 99

- 1 Athletau (trac neu gae) (Dan do)**
- 2 Badminton**
- 3 Pêl fasged (Dan do)**
- 4 Biliards**
- 5 Bowls (Dan do)**
- 6 Bowls mat byr (Dan do)**
- 7 Bowlio (Deg)**
- 8 Bocsio**
- 9 Codi Hwyl Mewn Gemau**
- 10 Dringo (Dan do)**
- 11 Codi Pwysau Cystadleuol**
- 12 Criced (Dan do)**
- 13 Cyrlio**
- 14 Dawnsio**
- 15 Dartiau**
- 16 Deifio (dan do)**
- 17 Ffensio**
- 18 Pêl droed - Dan do**
- 19 Pêl droed - futsal**
- 20 Mynd i'r gampfa neu i ddosbarthiadau
ffitrwydd**
- 21 Gymnasteg**
- 22 Pêl llaw**

Showcard 98 & 99

- 1 Athletics (track or field) (indoor)**
- 2 Badminton**
- 3 Basketball (indoor)**
- 4 Billiards**
- 5 Bowls (indoor)**
- 6 Short-mat bowls (indoor)**
- 7 Bowling (ten pin)**
- 8 Boxing**
- 9 Cheerleading**
- 10 Climbing (indoor)**
- 11 Competitive weight lifting**
- 12 Cricket (indoor)**
- 13 Curling**
- 14 Dance**
- 15 Darts**
- 16 Diving (indoor)**
- 17 Fencing**
- 18 Football – indoor**
- 19 Football – futsal**
- 20 Gym or fitness classes**
- 21 Gymnastics**
- 22 Handball**

- 23 Hoci (Dan do)
- 24 Hoci lâ
- 25 Sglefrio lâ
- 26 Crefftau ymladd
- 27 Pêl rwyd (Dan do)
- 28 Pŵl
- 29 Sglefrolio (Dan do)
- 30 Sglefrfyreddio (Dan do)
- 31 Sgitls
- 32 Snwcer
- 33 Sboncen
- 34 Nofio (Dan do)
- 35 Tennis Bwrdd
- 36 Saethu Targed (Dan do)
- 37 Tenis (Dan do)
- 38 Trampolinio
- 39 Pêl foli (Dan do)
- 40 Polo dŵr
- 41 Reslo
- 42 Gêm neu weithgaredd dan do arall
- 43 Dim un o'r rhain

- 23 Hockey (indoor)
- 24 Ice hockey
- 25 Ice skating
- 26 Martial arts
- 27 Netball (indoor)
- 28 Pool
- 29 Roller skating (indoor)
- 30 Skateboarding (indoor)
- 31 Skittles
- 32 Snooker
- 33 Squash
- 34 Swimming (indoor)
- 35 Table tennis
- 36 Target Shooting (indoor)
- 37 Tennis (indoor)
- 38 Trampolining
- 39 Volleyball (indoor)
- 40 Water polo
- 41 Wrestling
- 42 Other indoor game or activity
- 43 None of these

98&99

Cerdyn 100

- 1 Torddawnsio**
- 2 Dawnsio disco**
- 3 Dawnsio Gwerin / Dawnsio Llinell**
- 4 Hip-hop**
- 5 Dawnsio stryd**
- 6 Dawnsio arall**

Showcard 100

- 1 Breakdancing**
- 2 Disco dancing**
- 3 Folk dancing / line dancing**
- 4 Hip-hop**
- 5 Street dance**
- 6 Other dance**

100

Cerdyn 101

- 1 Gweithgareddau siapio**
- 2 Codi pwysau er ffitrwydd**
- 3 Cryfhau'r corff**
- 4 Cylchedau**
- 5 Beic ymarfer / peiriant ymarfer / peiriant stepio**
- 6 Cadw'n heini / ymarfer dawns / aerobics**
- 7 Ioga / pilates**
- 8 Sesiynau ffitrwydd eraill**

Showcard 101

- 1 Toning activities**
- 2 Weight training for fitness**
- 3 Body building**
- 4 Circuit training**
- 5 Exercise bike / exercise machine / step machine**
- 6 Keepfit / dance exercise / aerobics**
- 7 Yoga / pilates**
- 8 Other fitness sessions**

101

Cerdyn 102

- 1 Jiwdo**
- 2 Karate**
- 3 Taekwondo**
- 4 Tai Chi (Dan do)**
- 5 Crefftau ymladd eraill**

Showcard 102

- 1 Judo**
- 2 Karate**
- 3 Taekwondo**
- 4 Tai Chi (indoor)**
- 5 Other martial arts**

102

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Cerdyn 103 & 104

- 1 Athletau (trac neu gae) (Dan do)**
- 2 Badminton**
- 3 Pêl fasged (Dan do)**
- 4 Biliards**
- 5 Bowls (Dan do)**
- 6 Bowls mat byr (Dan do)**
- 7 Bowlio (Deg)**
- 8 Bocsio**
- 9 Codi Hwyl Mewn Gemau**
- 10 Dringo (Dan do)**
- 11 Codi Pwysau Cystadleuol**
- 12 Criced (Dan do)**
- 13 Cyrlio**
- 14 Dawnsio**
- 15 Dartiau**
- 16 Deifio (dan do)**
- 17 Ffensio**
- 18 Pêl droed - Dan do**
- 19 Pêl droed - futsal**
- 20 Mynd i'r gampfa neu i ddosbarthiadau ffitrwydd**
- 21 Gymnasteg**
- 22 Pêl llaw**

Showcard 103 & 104

- 1 Athletics (track or field) (indoor)**
- 2 Badminton**
- 3 Basketball (indoor)**
- 4 Billiards**
- 5 Bowls (indoor)**
- 6 Short-mat bowls (indoor)**
- 7 Bowling (ten pin)**
- 8 Boxing**
- 9 Cheerleading**
- 10 Climbing (indoor)**
- 11 Competitive weight lifting**
- 12 Cricket (indoor)**
- 13 Curling**
- 14 Dance**
- 15 Darts**
- 16 Diving (indoor)**
- 17 Fencing**
- 18 Football - indoor**
- 19 Football - futsal**
- 20 Gym or fitness classes**
- 21 Gymnastics**
- 22 Handball**

- 23 Hoci (Dan do)
- 24 Hoci lâ
- 25 Sglefrio lâ
- 26 Crefftau ymladd
- 27 Pêl rwyd (Dan do)
- 28 Pŵl
- 29 Sglefrolio (Dan do)
- 30 Sglefrfyreddio (Dan do)
- 31 Sgitls
- 32 Snwcer
- 33 Sboncen
- 34 Nofio (Dan do)
- 35 Tennis Bwrdd
- 36 Saethu Targed (Dan do)
- 37 Tennis (Dan do)
- 38 Trampolinio
- 39 Pêl foli (Dan do)
- 40 Polo dŵr
- 41 Reslo
- 42 Gêm neu weithgaredd dan do arall
- 43 Dim un o'r rhain

- 23 Hockey (indoor)
- 24 Ice hockey
- 25 Ice skating
- 26 Martial arts
- 27 Netball (indoor)
- 28 Pool
- 29 Roller Skating (indoor)
- 30 Skateboarding (indoor)
- 31 Skittles
- 32 Snooker
- 33 Squash
- 34 Swimming (indoor)
- 35 Table tennis
- 36 Target Shooting (indoor)
- 37 Tennis (indoor)
- 38 Trampolining
- 39 Volleyball (indoor)
- 40 Water polo
- 41 Wrestling
- 42 Other indoor game or activity
- 43 None of these

Cerdyn 105

- 1 Torddawnsio**
- 2 Dawnsio disco**
- 3 Dawnsio Gwerin / Dawnsio Llinell**
- 4 Hip-hop**
- 5 Dawnsio stryd**
- 6 Dawnsio arall**

Showcard 105

- 1 Breakdancing**
- 2 Disco dancing**
- 3 Folk dancing / line dancing**
- 4 Hip-hop**
- 5 Street dance**
- 6 Other dance**

105

Cerdyn 106

- 1 Gweithgareddau siapio**
- 2 Codi pwysau er ffitrwydd**
- 3 Cryfhau'r corff**
- 4 Cylchedau**
- 5 Beic ymarfer / peiriant ymarfer / peiriant stepio**
- 6 Cadw'n heini / ymarfer dawns / aerobics**
- 7 Ioga / pilates**
- 8 Sesiynau ffitrwydd eraill**

Showcard 106

- 1 Toning activities**
- 2 Weight training for fitness**
- 3 Body building**
- 4 Circuit training**
- 5 Exercise bike / exercise machine / step machine**
- 6 Keep fit / dance exercise / aerobics**
- 7 Yoga / pilates**
- 8 Other fitness sessions**

106

Cerdyn 107

- 1 Jiwdo**
- 2 Karate**
- 3 Taekwondo**
- 4 Tai Chi (Dan do)**
- 5 Crefftau Ymladd Eraill**

Showcard 107

- 1 Judo**
- 2 Karate**
- 3 Taekwondo**
- 4 Tai Chi (indoor)**
- 5 Other martial arts**

107

Cerdyn 108

- 1 Ydw**
- 2 Mwy neu lai**
- 3 Nac ydw**
- 4 Ddim yn gwybod**
- 5 Mae'n well gen i beidio â dweud**

Showcard 108

- 1 Yes**
- 2 More or less**
- 3 No**
- 4 Don't know**
- 5 Prefer not to say**

108

Cerdyn 109

- L Heterorywiol neu strê**
- W Hoyw neu lesbiaid**
- C Deurywiol**
- H Arall**
- N Ddim yn gwybod**
- T Mae'n well gen i beidio â dweud**

Showcard 109

- L Heterosexual or straight**
- W Gay or lesbian**
- C Bisexual**
- H Other**
- N Don't know**
- T Prefer not to say**

109

Cerdyn 110

- 1 Dim crefydd**
- 2 Cristnogaeth (pob enwad)**
- 3 Bwdhaeth**
- 4 Hindŵaeth**
- 5 Iddewiaeth**
- 6 Islam**
- 7 Siciaeth**
- 8 Unrhyw grefydd arall (disgrifiwch)**
- 9 Ddim yn gwybod**
- 10 Mae'n well gen i beidio â dweud**

Showcard 110

- 1 No religion**
- 2 Christian (all denominations)**
- 3 Buddhist**
- 4 Hindu**
- 5 Jewish**
- 6 Muslim**
- 7 Sikh**
- 8 Any other religion (please describe)**
- 9 Don't know**
- 10 Prefer not to say**

110

Cerdyn 111

- 1 Llai na 12 mis yn ôl**
- 2 12 mis ond llai na 2 flynedd yn ôl**
- 3 2 flynedd neu fwy yn ôl**

Showcard 111

- 1 Less than 12 months ago**
- 2 12 months but less than 2 years ago**
- 3 2 years ago or more**

111